



Efectos del mercurio sobre la salud humana

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Universidad
de Cartagena
Fundada en 1827



Temario

- **Conceptos generales**
- **Exposición humana**
- **Mecanismos de toxicidad**
- **Efectos del mercurio en humanos**
- **Respuestas**

Conceptos Generales



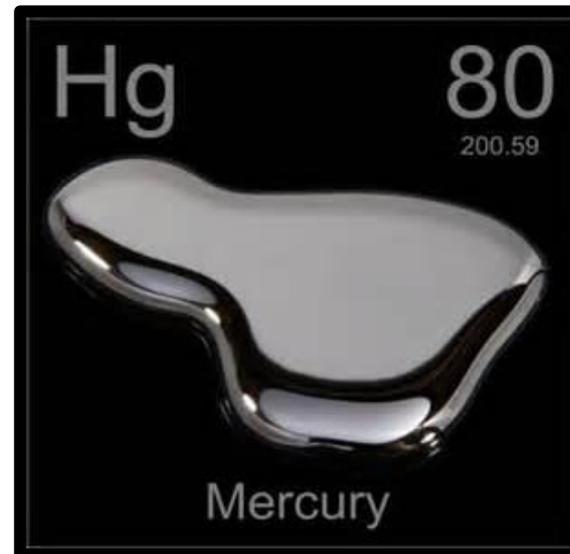
← Earth



Mercurio

Alta densidad relativa

Líquido: Presión de vapor



Hg

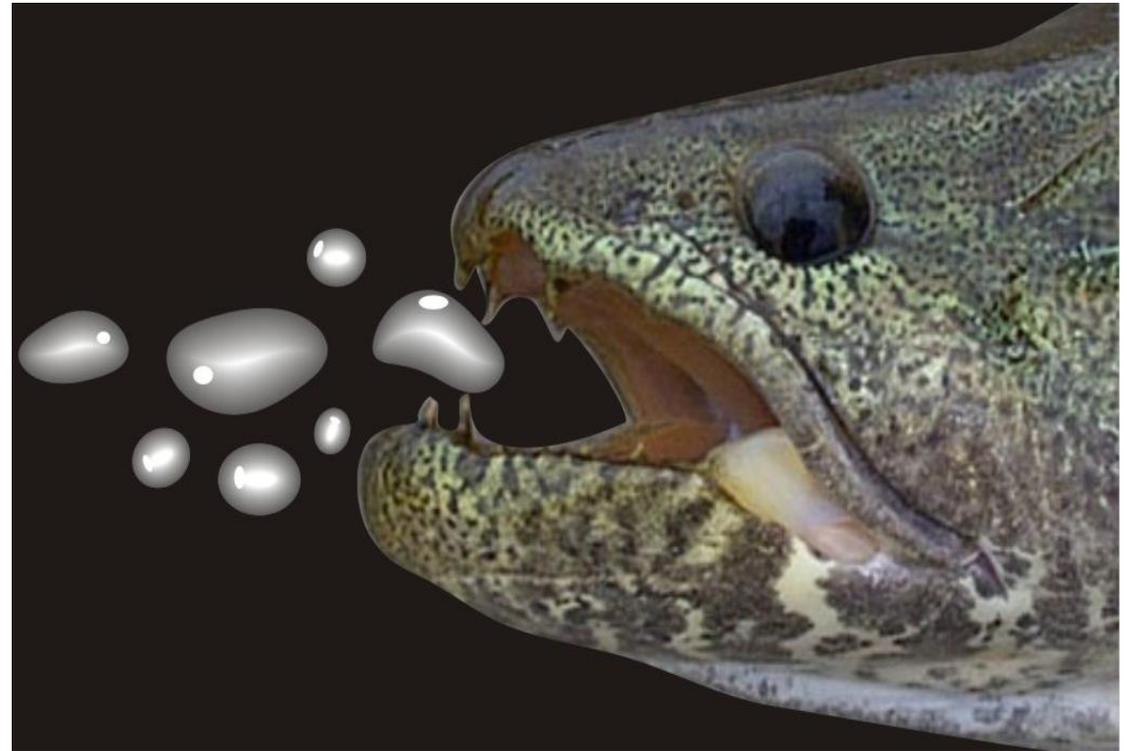
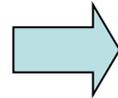
Amalgama es la mezcla (aleación) de mercurio con otros elementos.

Especies de mercurio

- Mercurio elemental
- Mercurio inorgánico (HgCl_2 , HgS)
- Mercurio orgánico (Metilmercurio)

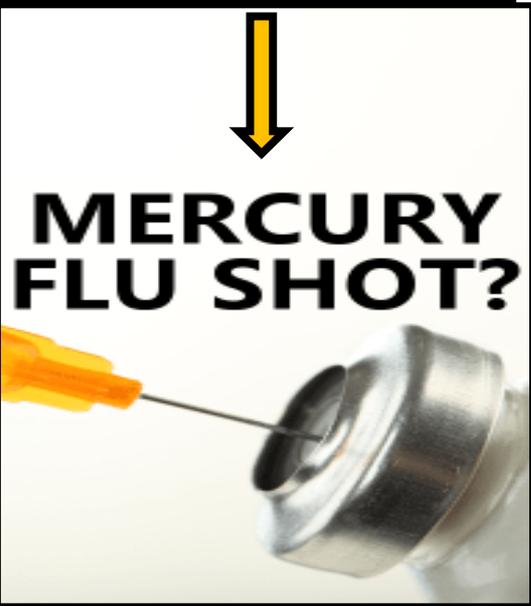
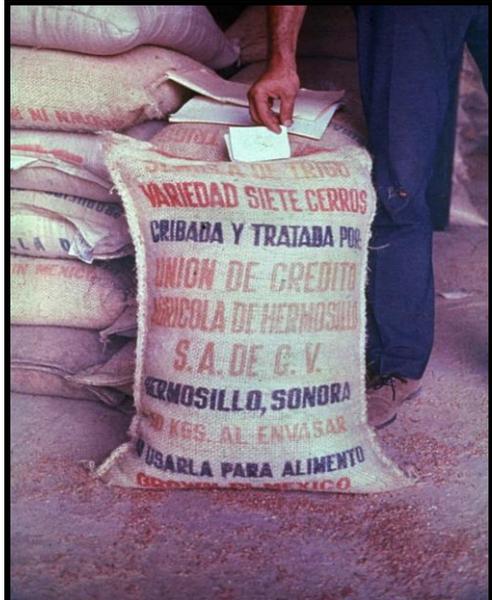


Mercurio Orgánico



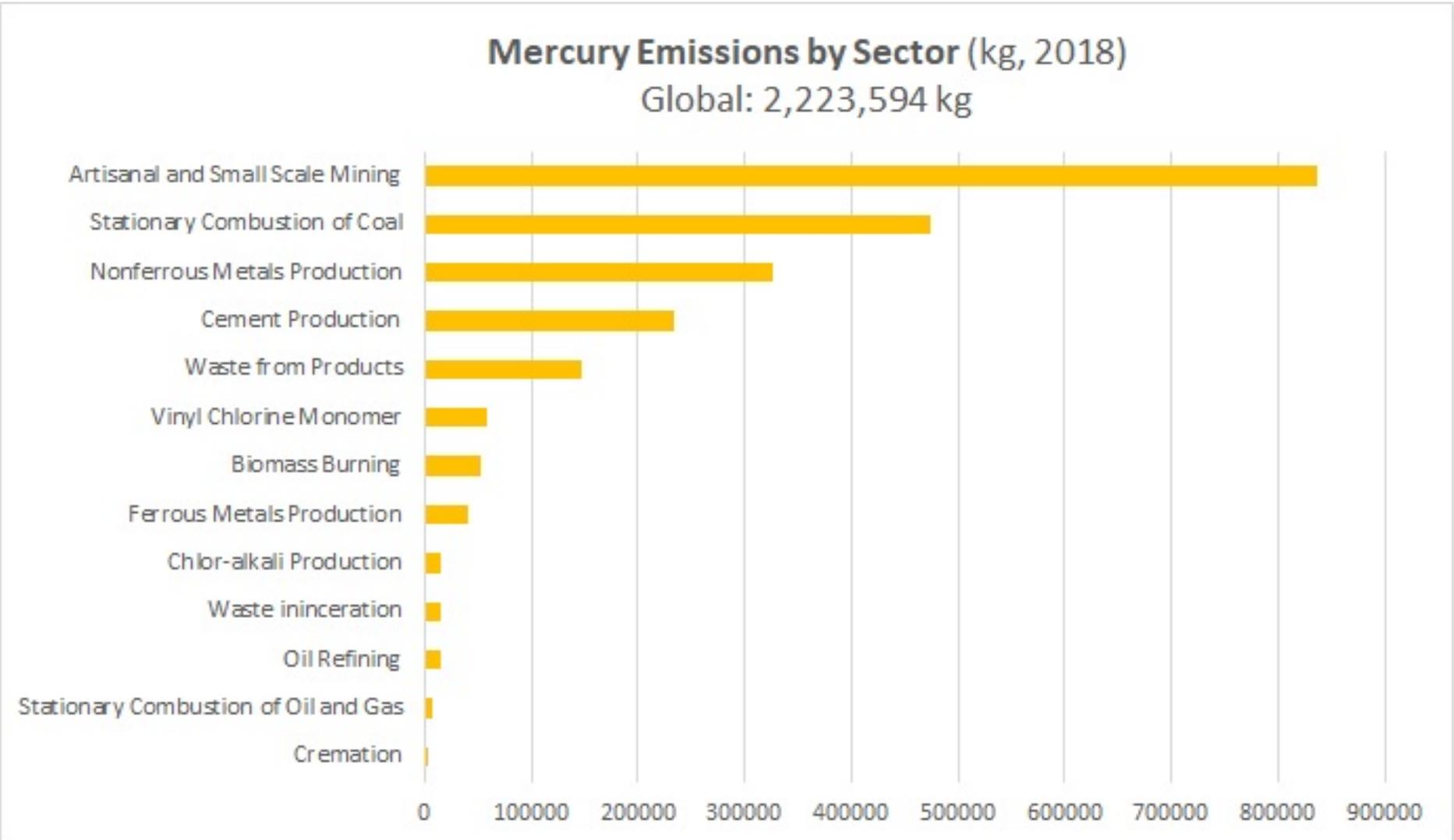
Conceptos Generales

Fuentes



Conceptos Generales

Fuentes

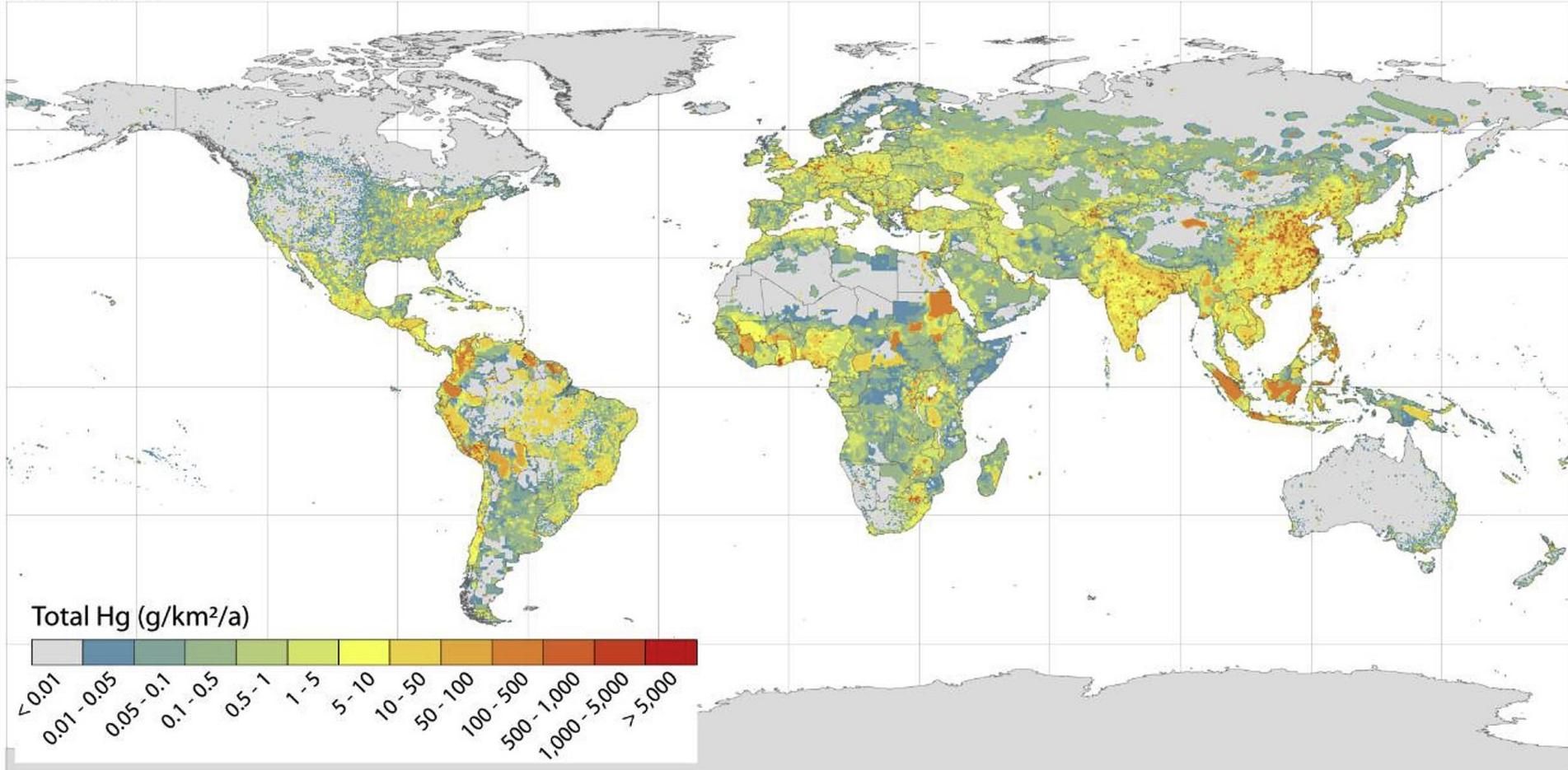


<https://www.epa.gov/international-cooperation/mercury-emissions-global-context#types>

Conceptos Generales

Fuentes

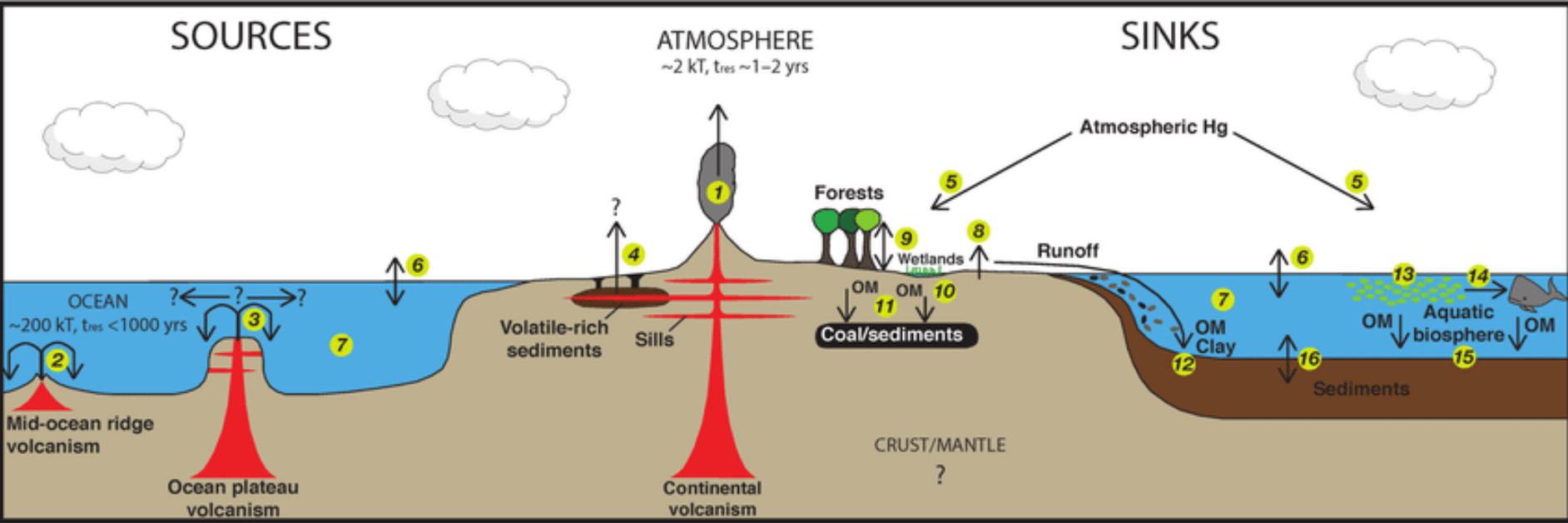
All sectors



Año: 2015 (g/km²/a)

Conceptos Generales

Fuentes



DOI: [10.2475/08.2018.01](https://doi.org/10.2475/08.2018.01)

Conceptos Generales

Dinámica ambiental

C.A. Reboloso Hernández et al.

Chemosphere 311 (2023) 136965

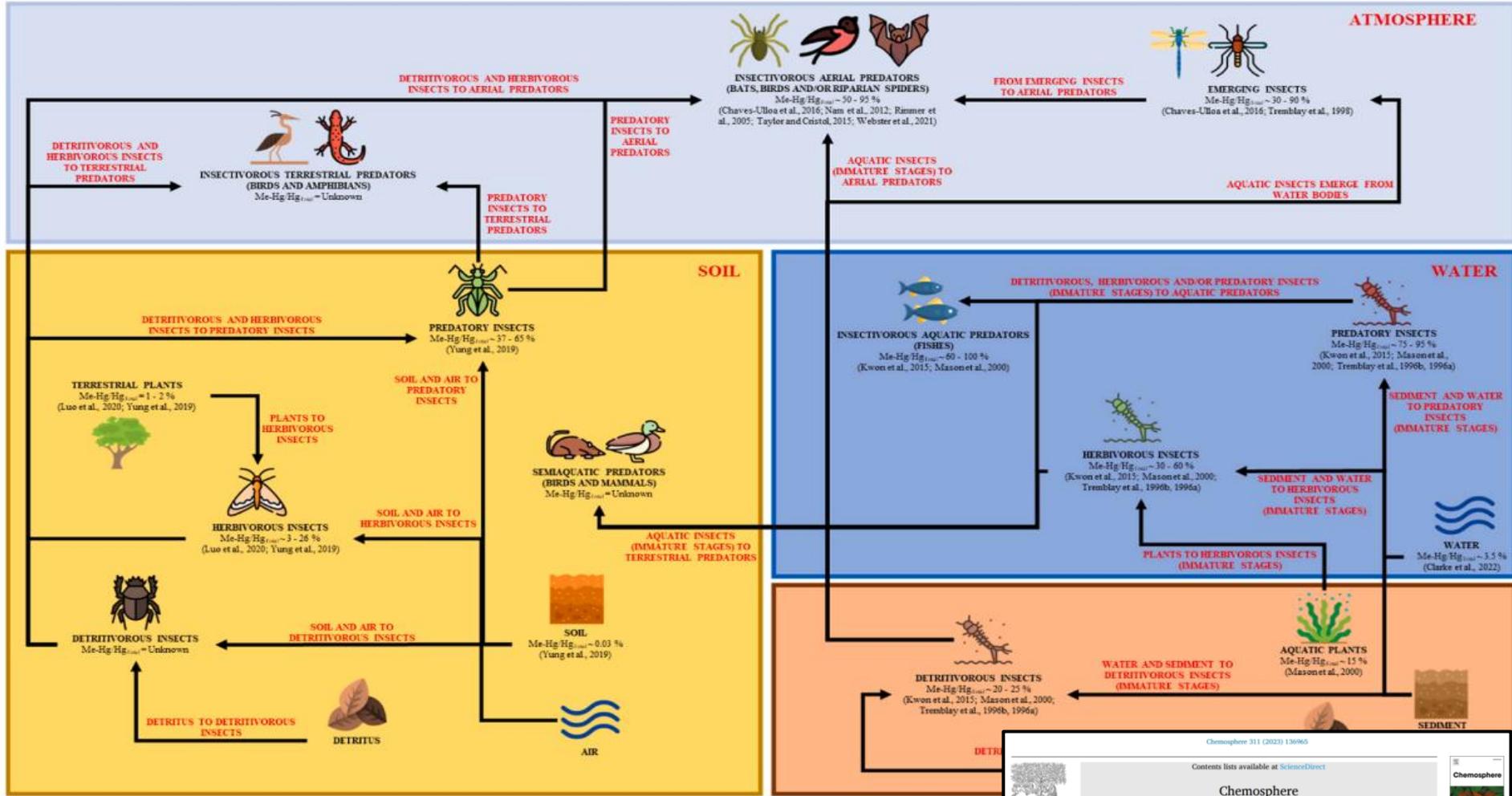


Fig. 1. Insects in mercury cycle.

Chemosphere 311 (2023) 136965

Contents lists available at ScienceDirect

Chemosphere

journal homepage: www.elsevier.com/locate/chemosphere

Mercury entomotoxicology

Carlos Alberto Reboloso Hernández^{a,*}, Moisés Roberto Vallejo Pérez^b, Israel Razo Soto^c, Fernando Díaz-Barriga Martínez^d, Leticia Carrizales Yañez^d

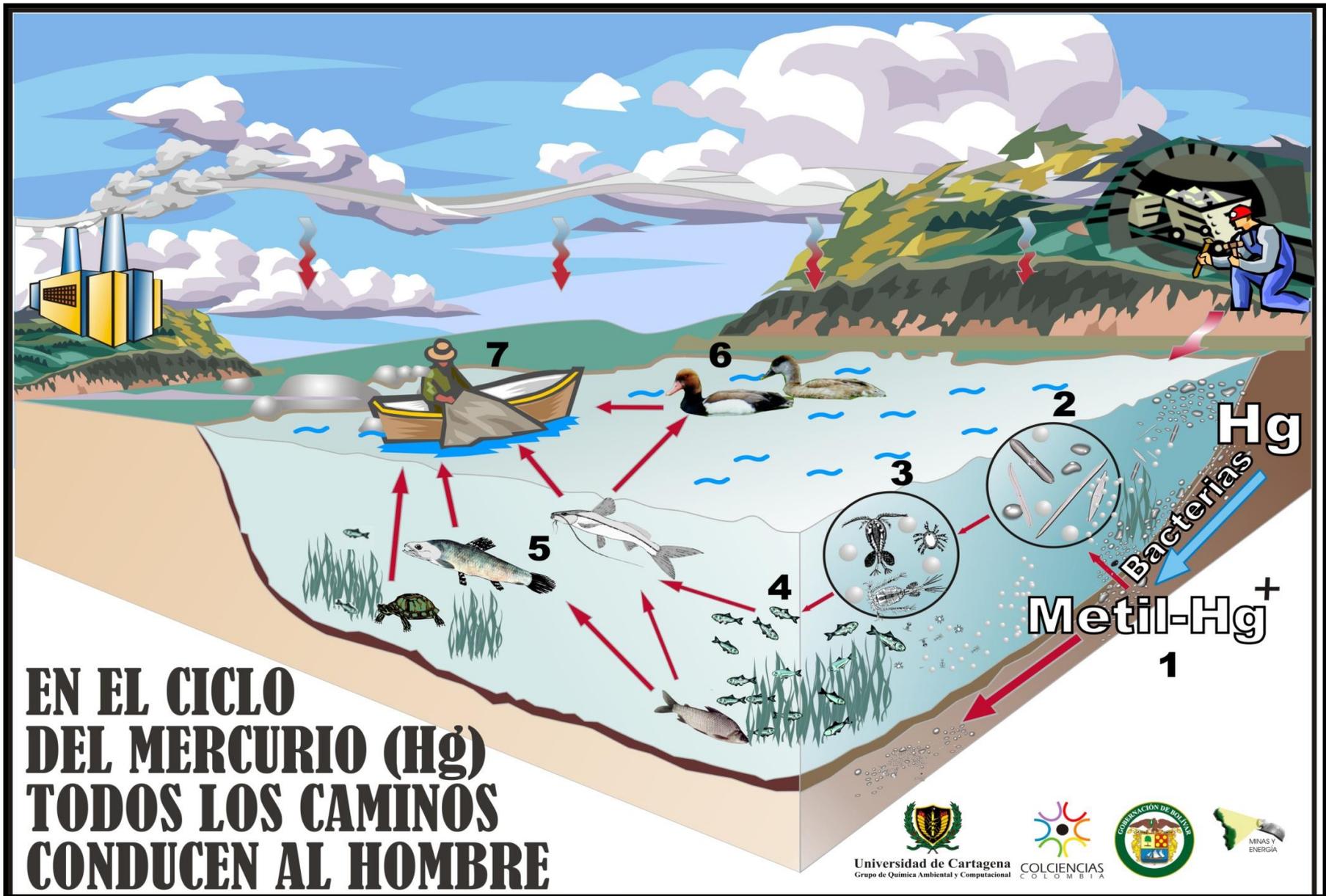
ELSEVIER

Chemosphere

Check for updates

Conceptos Generales

Dinámica ambiental



**EN EL CICLO
DEL MERCURIO (Hg)
TODOS LOS CAMINOS
CONDUCCEN AL HOMBRE**



Exposición humana al mercurio

Exposición humana al mercurio

General Exposure



Vegetables from contaminated soils



Large predatory Fish



Cosmetics & Soaps



Used & damaged products containing mercury

Occupational Exposure



Industry



Small-scale gold mining



Manufacturing of products containing mercury



Waste



Exposición humana al mercurio



<https://emeramed.com/study-mercury-poisoned-gold-miners/>

The Toxicology of Mercury and Its Chemical Compounds

Thomas W. Clarkson
Department of Environmental Medicine, University of Rochester School of Medicine, Rochester,
New York, USA

Laszlo Magos
Retired from Medical Research Council, Toxicology Unit, Surrey, United Kingdom

RELEASE OF MERCURY FROM AMALGAM FILLINGS

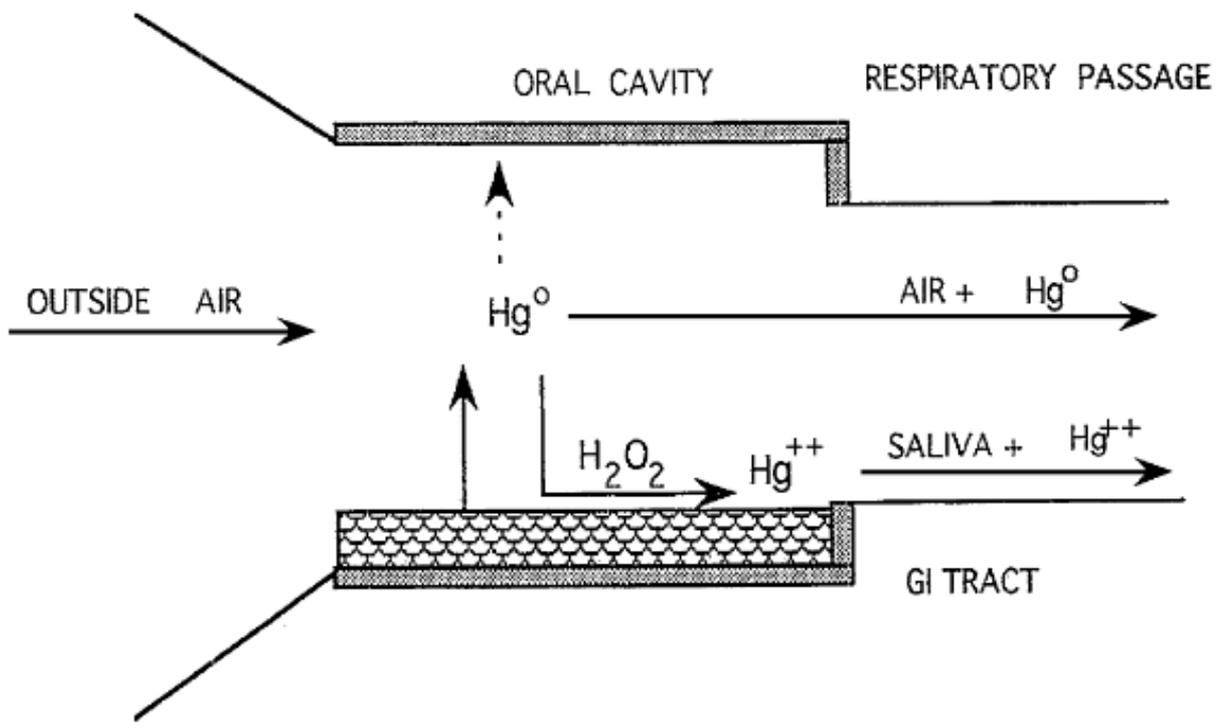
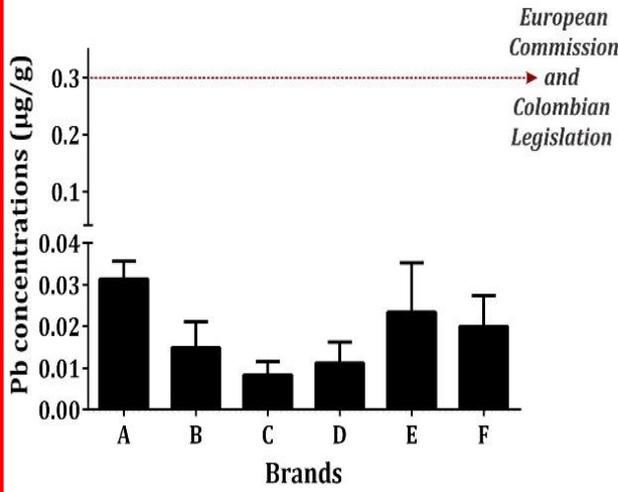
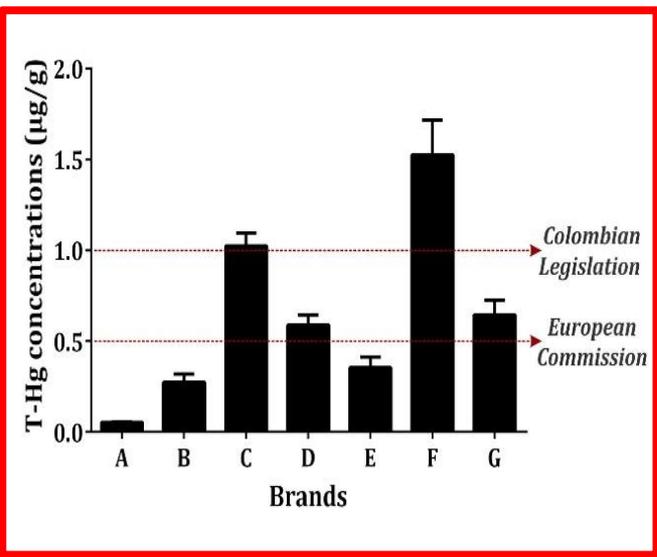
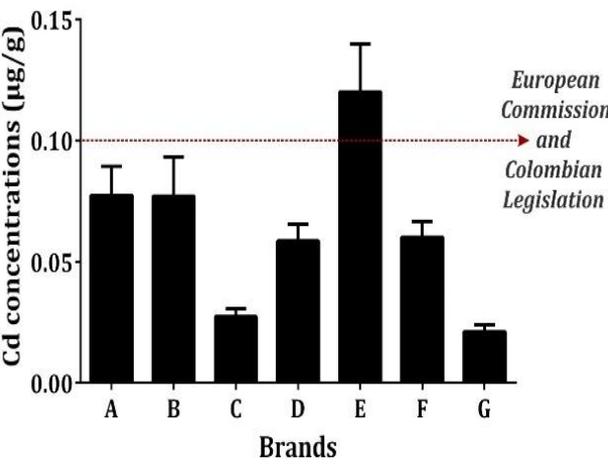


FIG. 3. A diagram of the release of mercury from dental amalgam in the oral cavity. Mercury vapor is emitted from the amalgam surfaces and inhaled or oxidized to Hg^{2+} and swallowed along with particulates of amalgam released by abrasion of the amalgam surfaces.

Exposición humana al mercurio



Exposición humana al mercurio

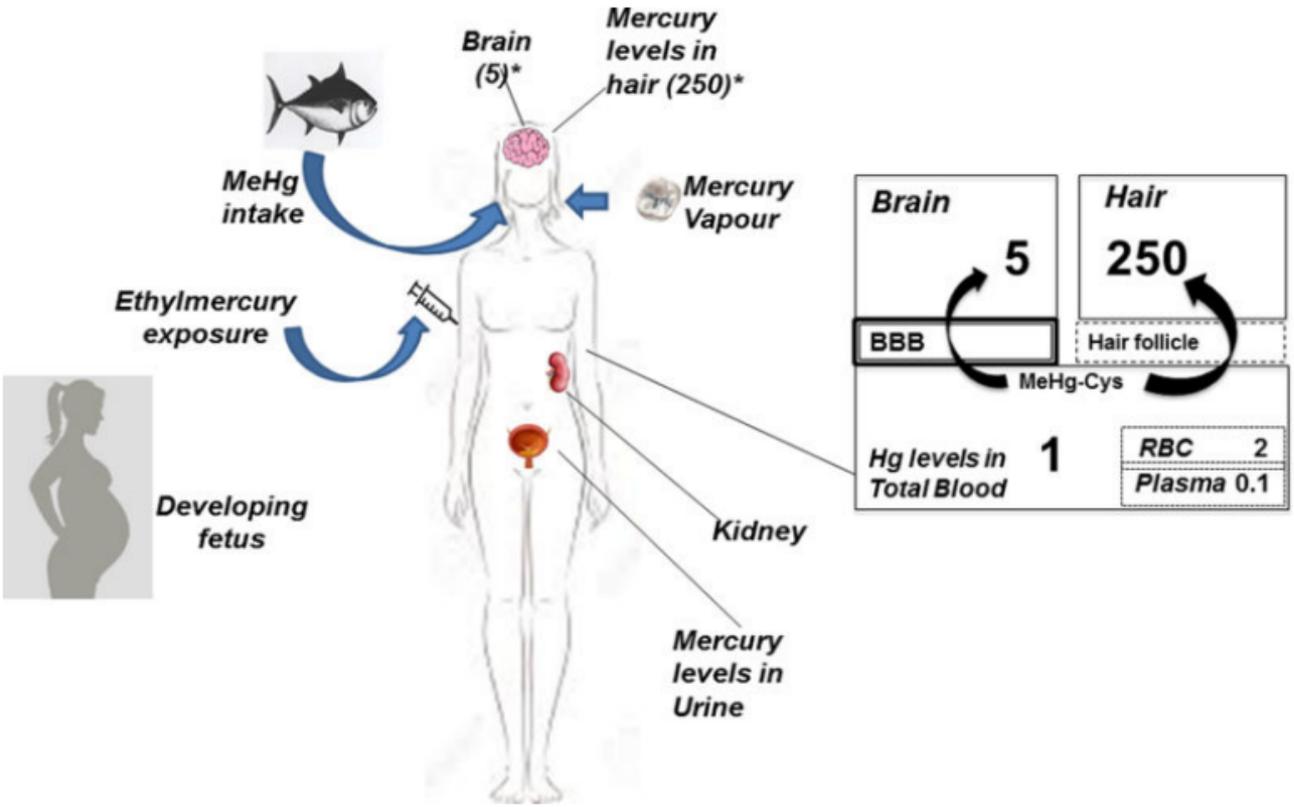


Figure 3. Main pathways of exposure to mercury compounds, exposure biomarkers and relative concentrations of MeHg in hair, brain and blood.

Humans are exposed to different mercury compounds by different routes, such as MeHg (fish consumption), Hg⁰ (dental amalgams), and EtHg (TCV). The major target organs include the brain, kidney and the developing fetus, and exposure levels are normally assessed by measuring mercury levels in hair, blood and urine. In the case of MeHg levels in hair and blood correlate well with the values found in the brain in the proportion 250:5:1.

(adapted from Clarkson et al., 2007)



Contents lists available at ScienceDirect

Chemosphere

journal homepage: www.elsevier.com/locate/chemosphere



Mercury pollution by gold mining in a global biodiversity hotspot, the Choco biogeographic region, Colombia



Yuber Palacios-Torres ^{a, b}, Karina Caballero-Gallardo ^a, Jesus Olivero-Verbel ^{a, *}

428

Y. Palacios-Torres et al. / Chemosphere 193 (2018) 421–430

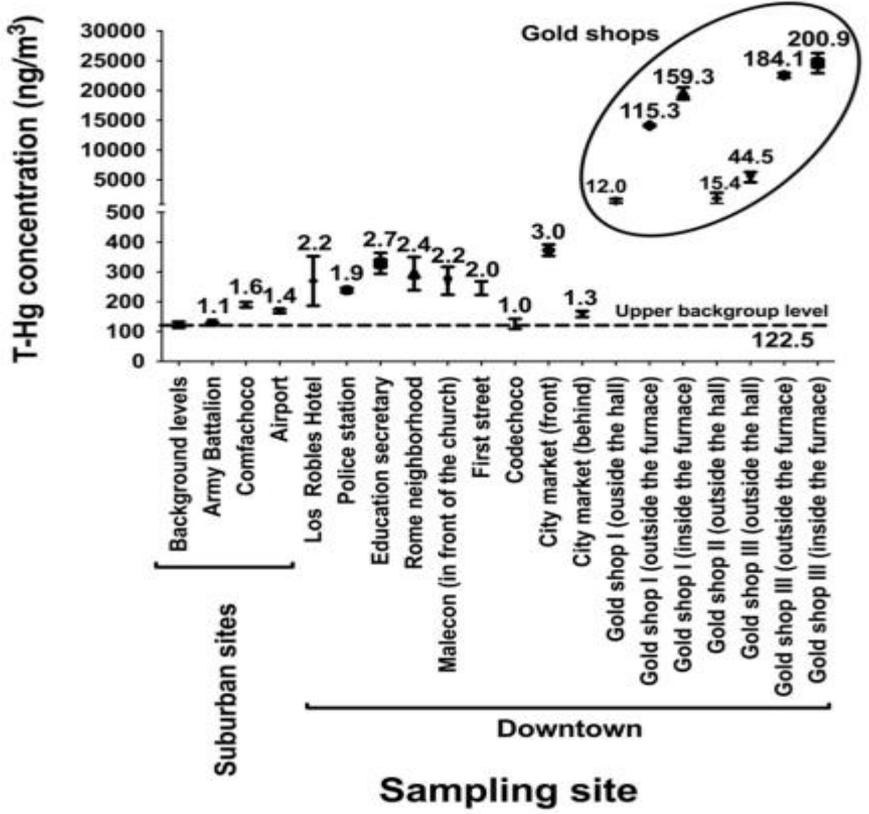


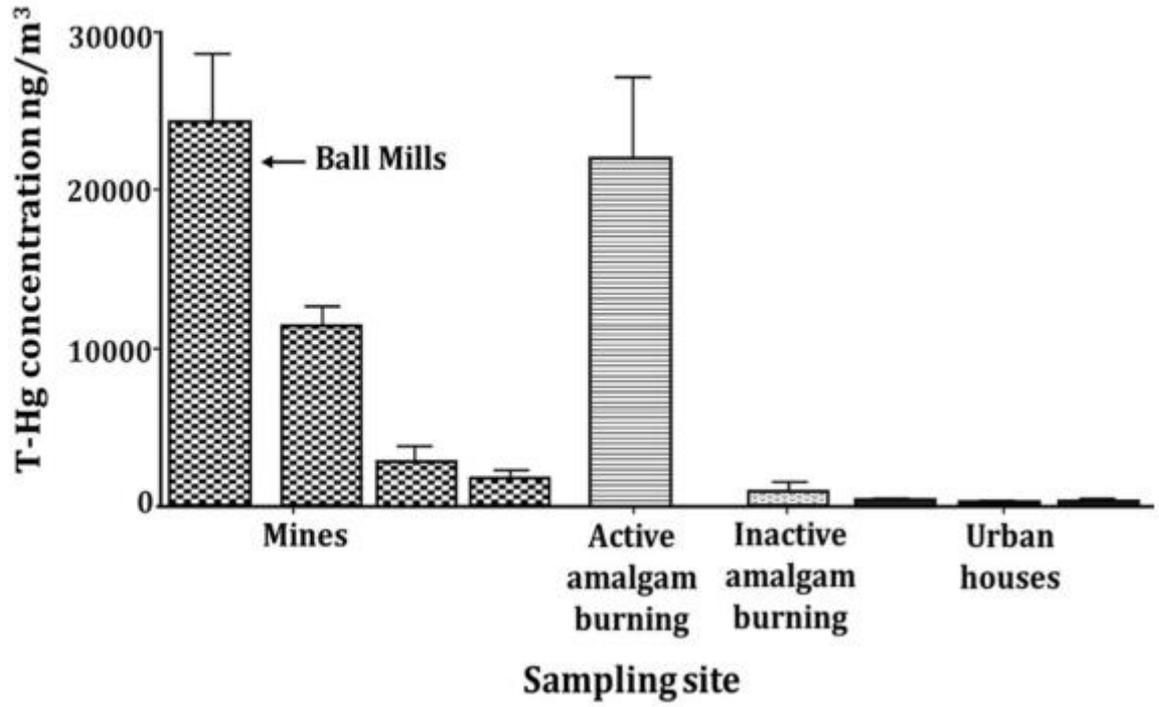
Fig. 4. Distribution of air T-Hg concentrations in Quibdo, Choco. Dotted lines correspond to the background level. The value on top of each point depicts the number of times the average T-Hg reading for the location exceeds the upper background limit.



Multicompartment Mercury Contamination in Major Gold Mining Districts at the Department of Bolivar, Colombia

Liliana Carranza-Lopez^{1,2} · Karina Caballero-Gallardo¹ · Leonor Cervantes-Ceballos¹ · Alexi Turizo-Tapia¹ · Jesus Olivero-Verbel¹

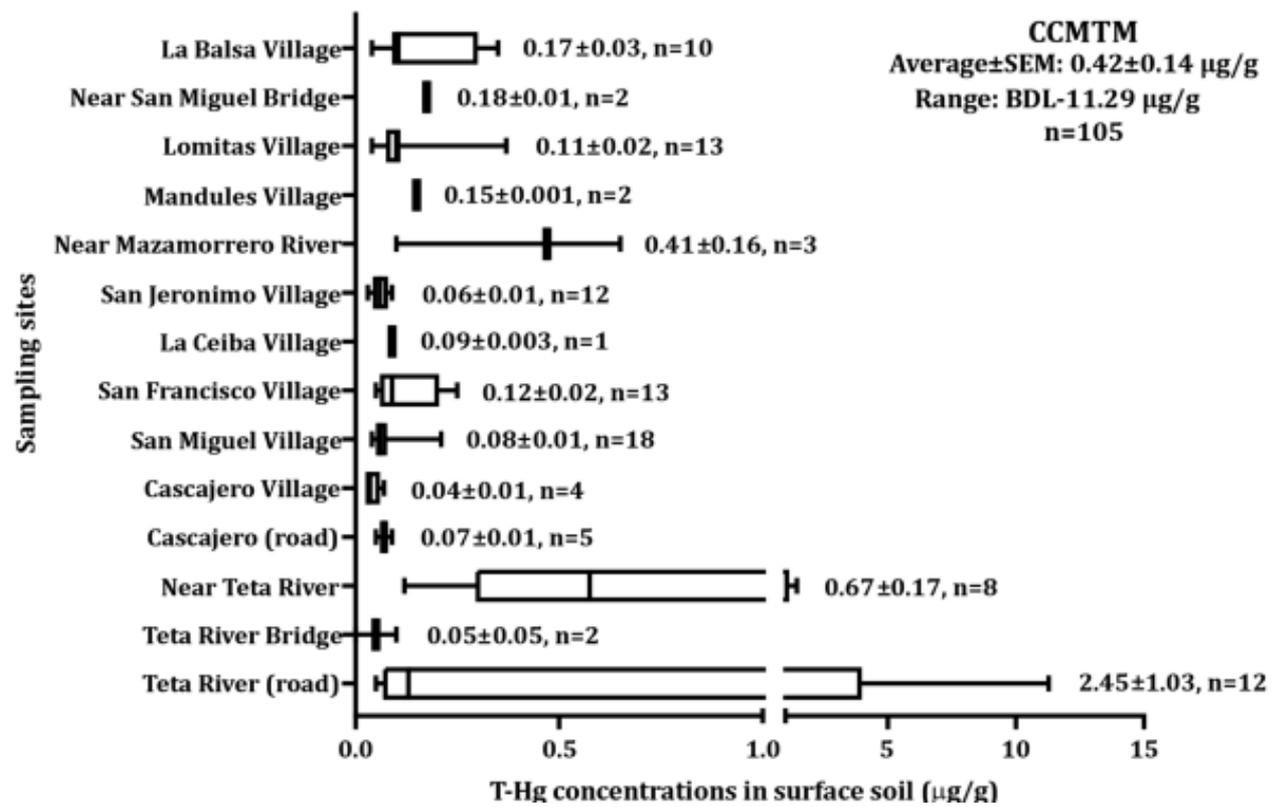
Fig. 3 Air T-Hg levels in Middle Magdalena Gold Mining District at the Department of Bolivar





Mercury Concentrations in Water, Sediments, Soil, and Fish Around Ancestral Afro-Descendant Territories Impacted by Gold Mining in the Cauca Department, Colombia

Karina Caballero-Gallardo · Jenny Palomares-Bolaños · Jesus Olivero-Verbel



Human and crab exposure to mercury in the Caribbean coastal shoreline of Colombia: Impact from an abandoned chlor-alkali plant

Jesus Olivero-Verbel ^{a,*}, Boris Johnson-Restrepo ^a, Rosa Baldiris-Avila ^a, Jorge Güette-Fernández ^a, Elizabeth Magallanes-Carreazo ^b, Lenis Vanegas-Ramírez ^b, Nakamura Kunihiko ^c

J. Olivero-Verbel et al. / Environment International 34 (2008) 476–482

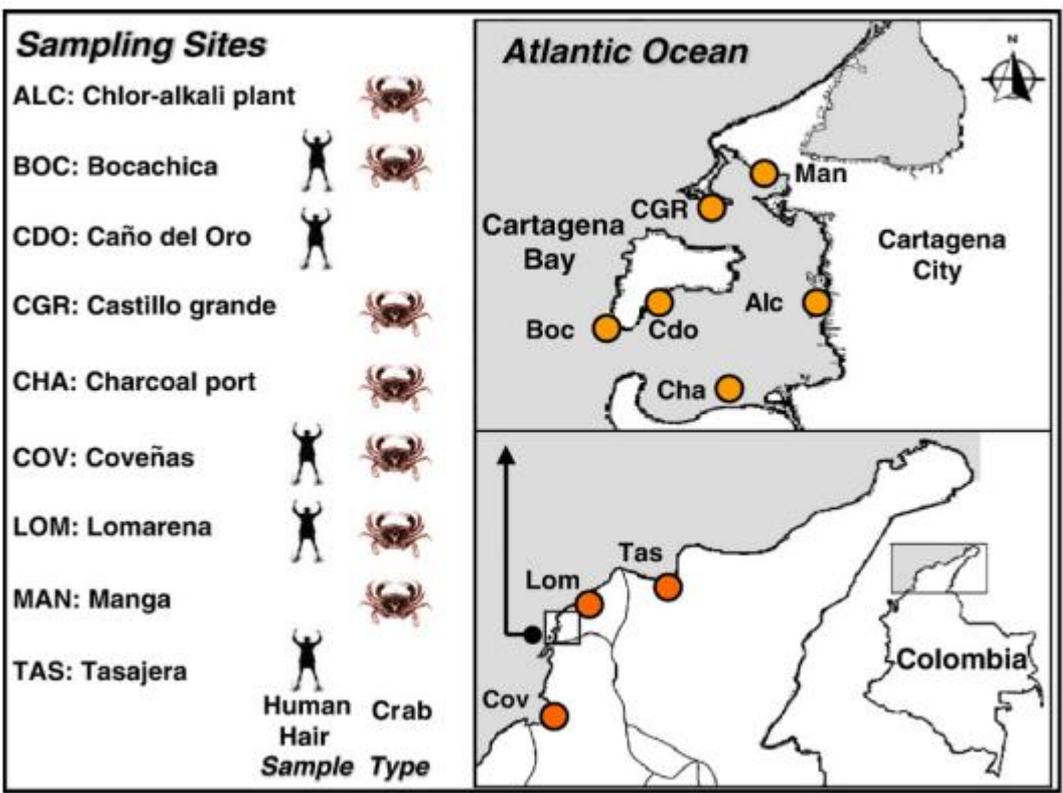


Fig. 1. Map of study area showing the locations and different types of samples collected at the Caribbean coastal shoreline of Colombia.

Exposición humana al mercurio



Available online at www.sciencedirect.com
 ScienceDirect
 Environment International 34 (2008) 476–482

ENVIRONMENT
 INTERNATIONAL
www.elsevier.com/locate/Environment

Human and crab exposure to mercury in the Caribbean coastal shoreline of Colombia: Impact from an abandoned chlor-alkali plant

Jesus Olivero-Verbel ^{a,*}, Boris Johnson-Restrepo ^a, Rosa Baldiris-Avila ^a, Jorge Güette-Fernández ^a, Elizabeth Magallanes-Carreazo ^b, Lenis Vanegas-Ramírez ^b, Nakamura Kunihiro ^c

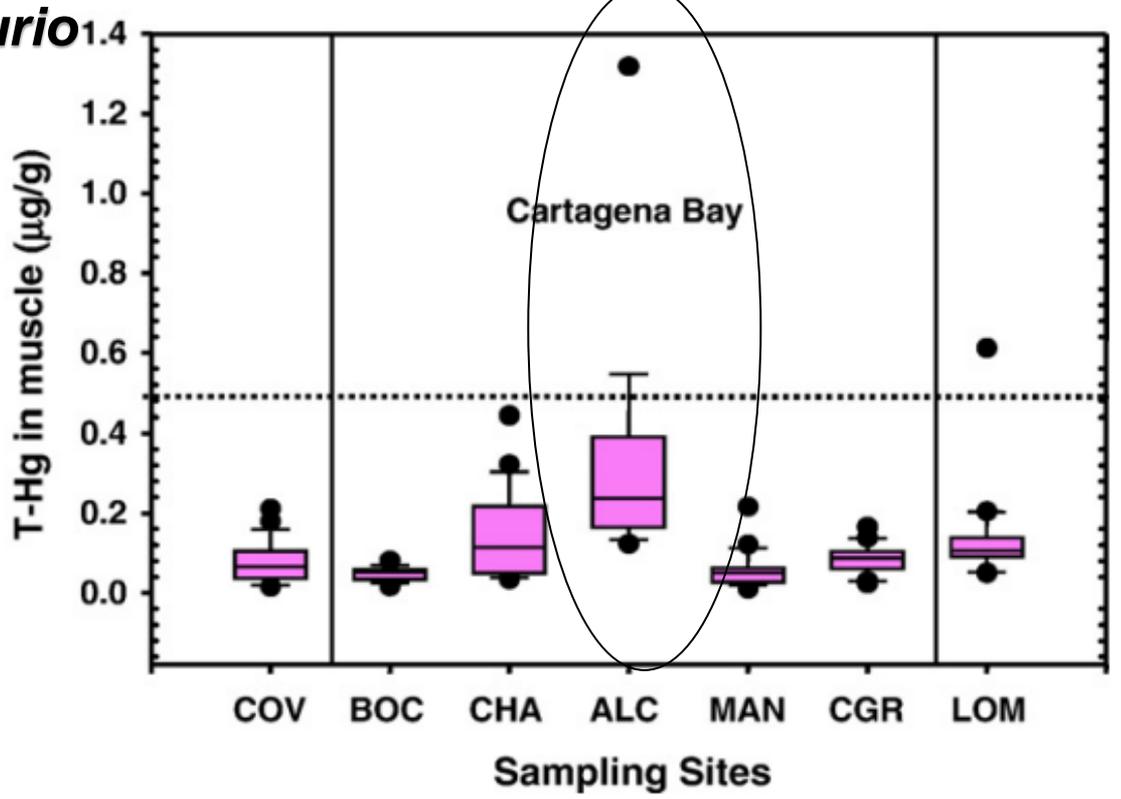
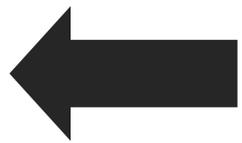


Fig. 5. T-Hg levels in muscle of crabs collected at the Caribbean coastal shoreline of Colombia.

Table 2

Correlations between T-Hg in hair, age, size, weight and fish consumption for people from the Caribbean coastal shoreline of Colombia

Age (years)	Size (cm)	Weight (kg)	Fish consumption (fish meals/week)
$R=0.201$	$R=0.303$	$R=0.129$	$R=0.144$
$P<0.0001$	$P<0.0001$	$P=0.0116$	$P<=0.005$



Mecanismos de toxicidad

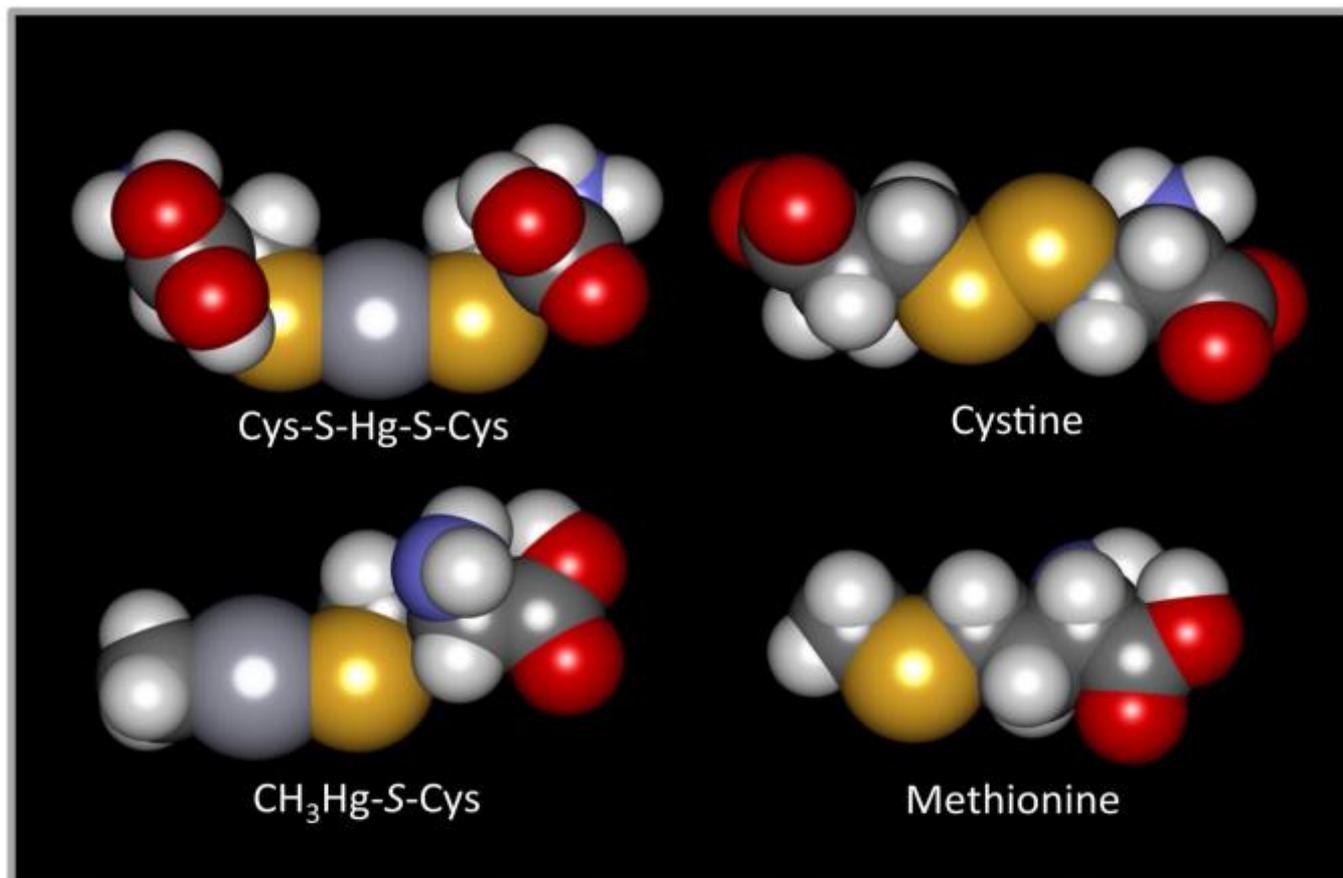


Fig. 1. Space-fill models of Cys *S*-conjugates of Hg²⁺ and CH₃Hg⁺ compared with the amino acids, cystine, and methionine. The Cys *S*-conjugate of Hg²⁺ (Cys-*S*-Hg-*S*-Cys) is similar in shape and size to cystine, while the Cys *S*-conjugate of CH₃Hg⁺ (CH₃Hg⁺-*S*-Cys) is similar to methionine. Owing to these similarities, it has been hypothesized that Cys-*S*-Hg-*S*-Cys and Cys-*S*-CH₃Hg⁺ are transportable substrates of carrier proteins that mediate the transport of cystine and methionine, respectively

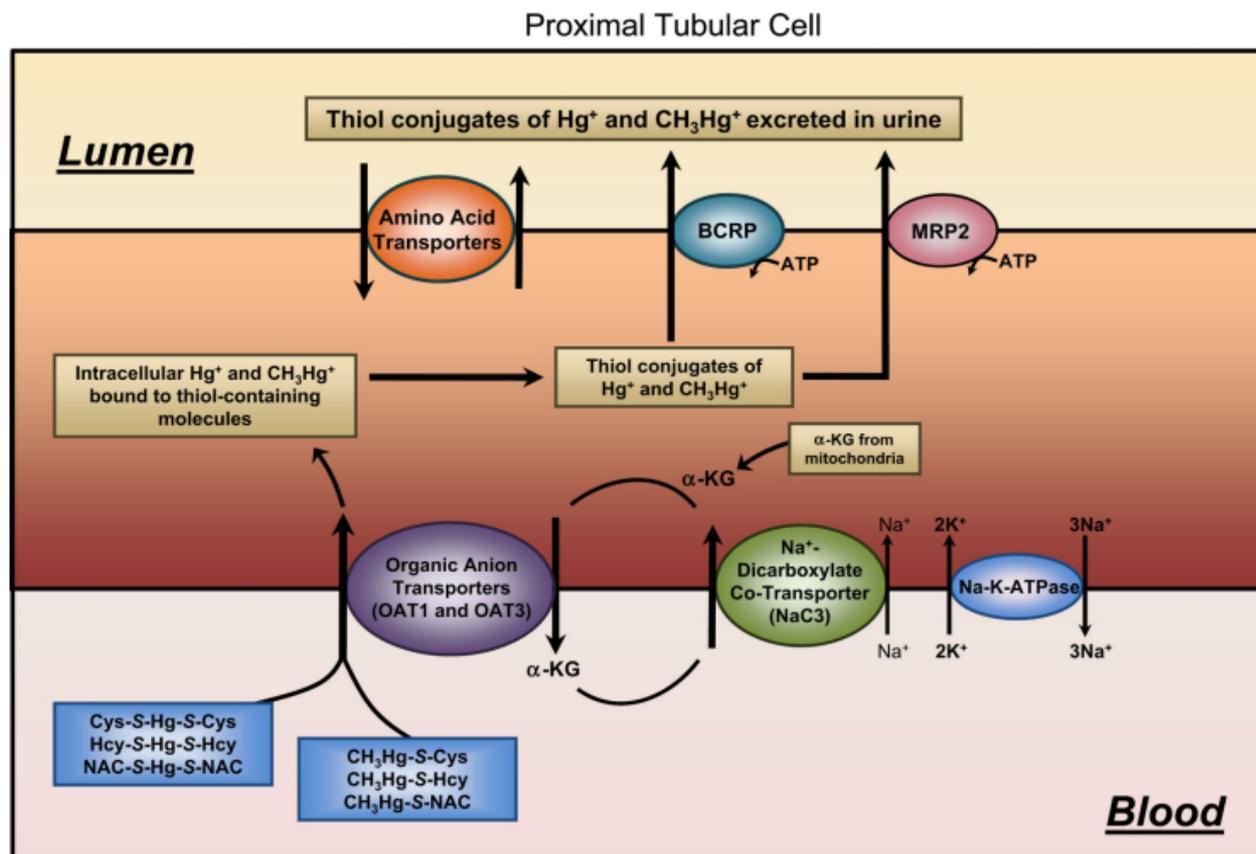
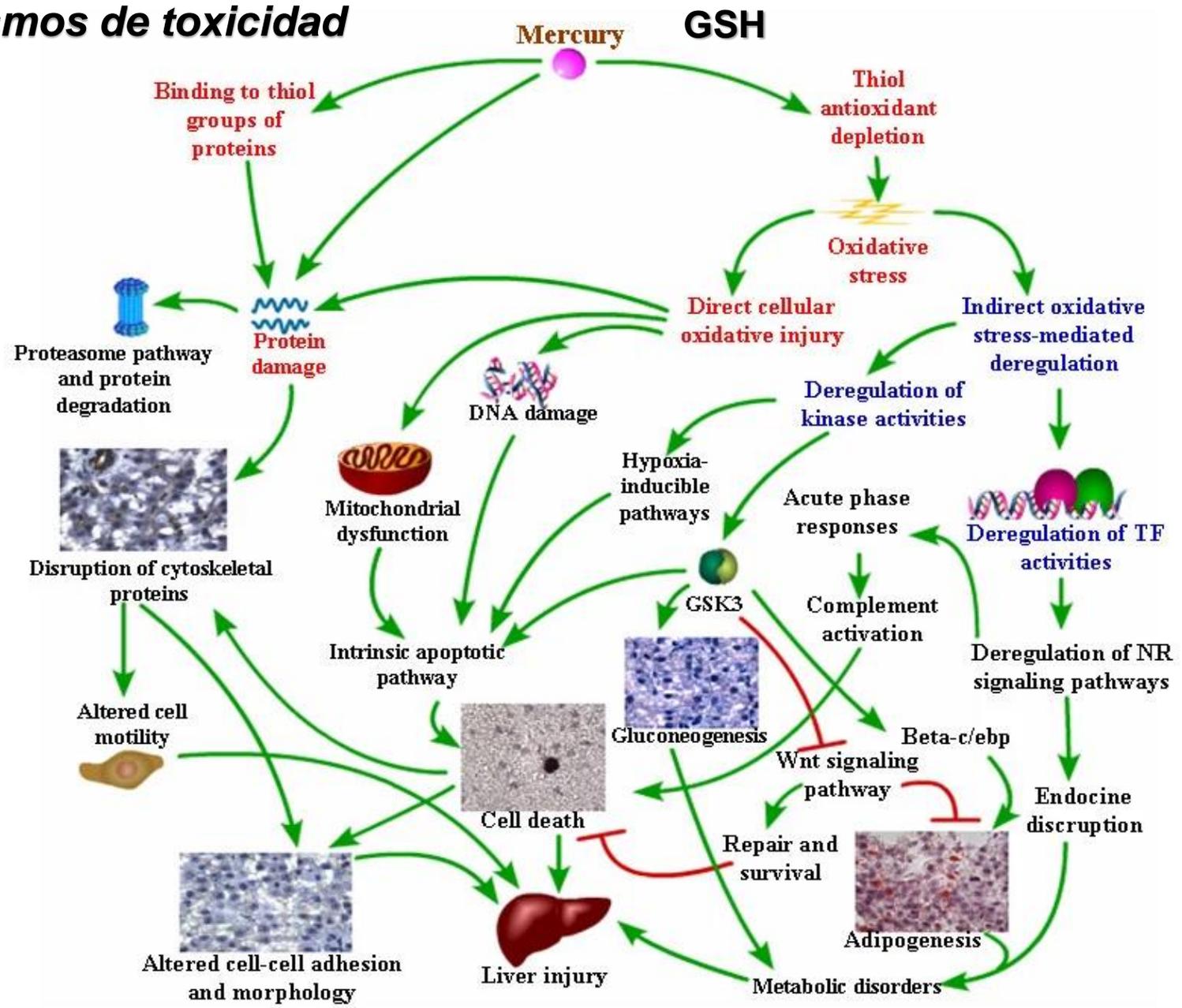


Fig. 2.

Diagram of a proximal tubular cell outlining the mechanisms involved in the uptake and export of Hg^{2+} and CH_3Hg^+ . At the luminal plasma membrane of proximal tubular cells, it appears that amino acid transporters are the primary mechanisms by which mercuric ions are taken up into cells. At the basolateral membrane, organic anion transporters (OAT) appear to be primarily involved in this uptake. Mercuric species may be secreted from proximal tubular cells into the tubular lumen via the actions of the breast cancer resistance protein (BCRP) or the multidrug resistance-associated protein (MRP2) located on the luminal plasma membrane

Mecanismos de toxicidad



Mercury-induced hepatotoxicity in zebrafish: *in vivo* mechanistic insights from transcriptome analysis, phenotype anchoring and targeted gene expression validation.

Mecanismos de toxicidad

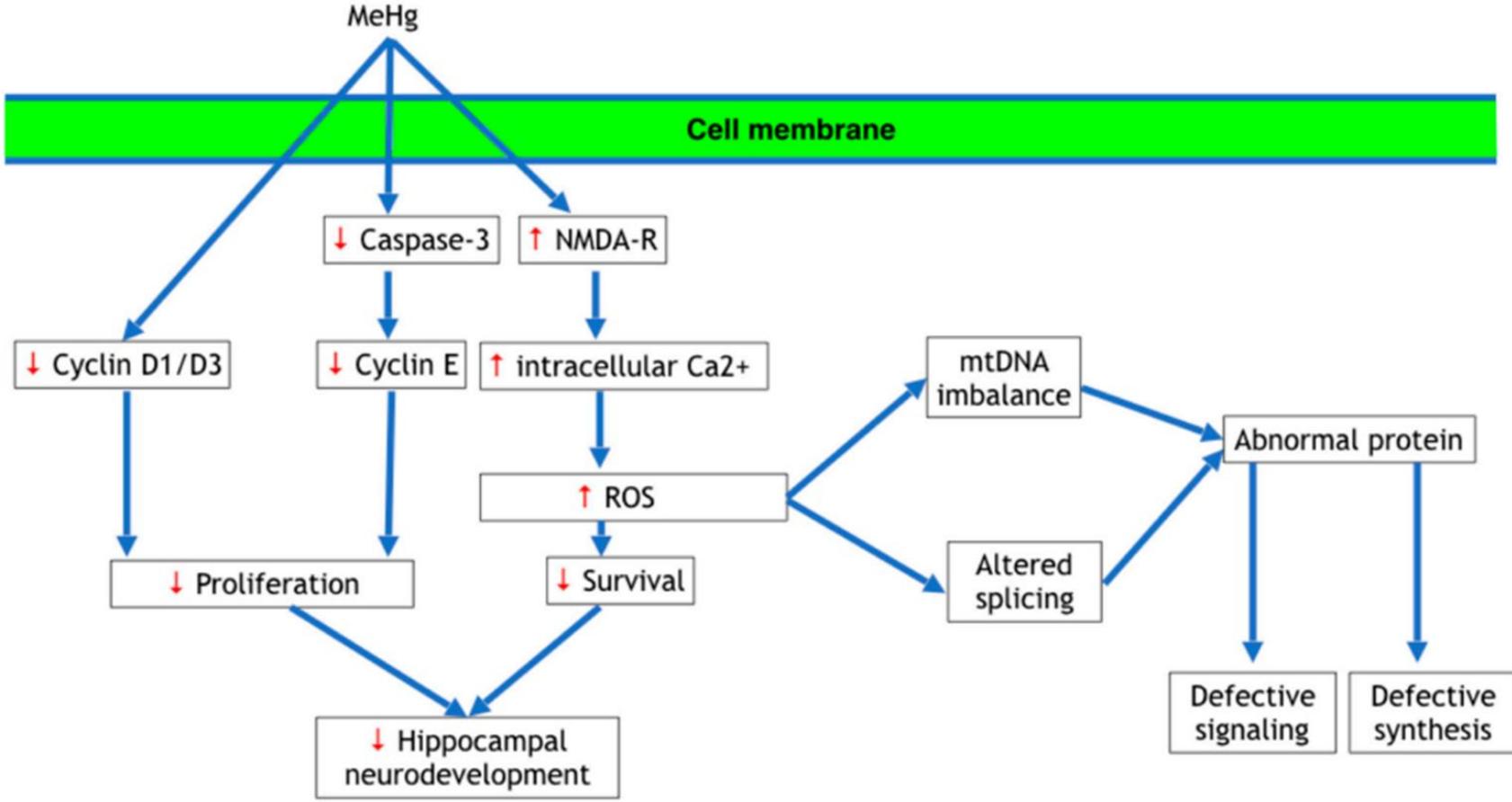


Figure 3. Summary of the neurotoxic effects of methylmercury during neurogenesis. This diagram summarizes the neurotoxic effects of methylmercury after it enters into developing cells, including neuroepithelial cells, intermediate progenitor cells, and migrating and differentiating neurons. Abbreviations: MeHg, methylmercury; NMDA-R, NMDA receptors; Ca²⁺, calcium ion; ROS, reactive oxygen species; mtDNA, mitochondrial DNA. Sources used to create this summary include references [38,42,59,64,84,106].

Mecanismos de toxicidad

J.K. Kern, et al.

Journal of Trace Elements in Medicine and Biology 62 (2020) 126504

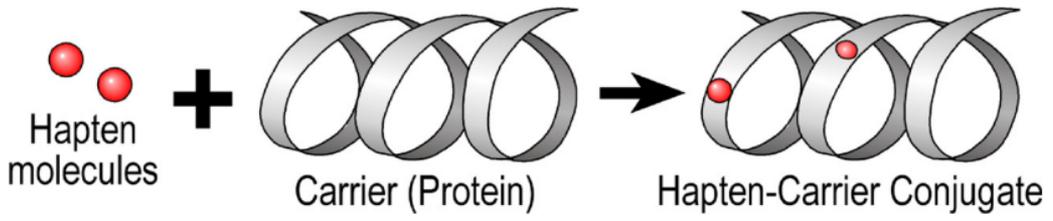
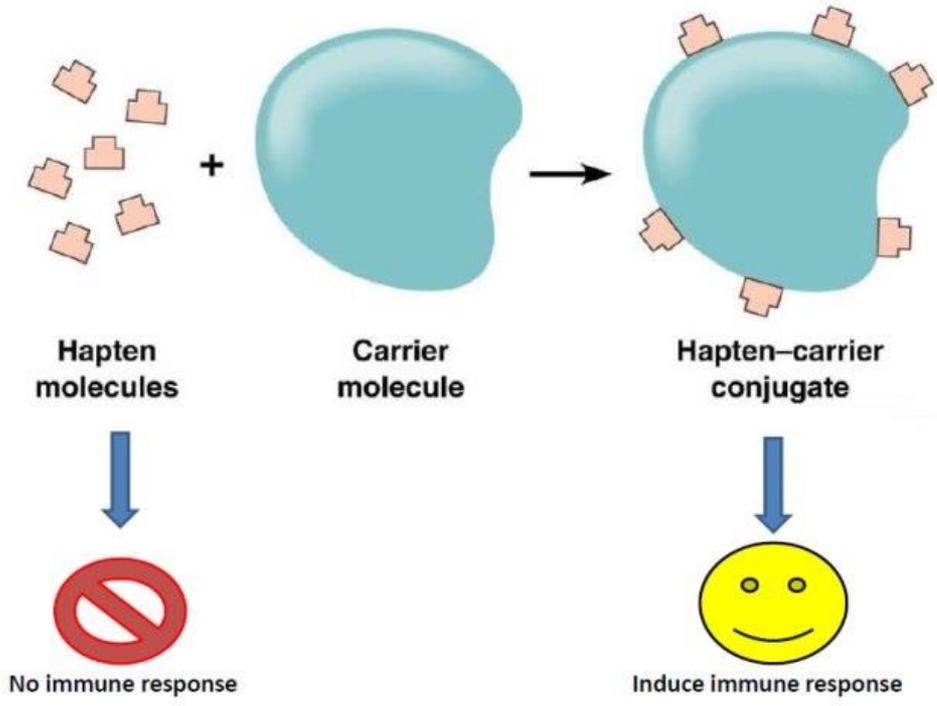


Fig. 1. Diagrammatic representation of the immunogenicity of a hapten.





Toxicology
Volume 386, 1 July 2017, Pages 28–39



Contents lists available at ScienceDirect

Neurotoxicology

journal homepage: www.elsevier.com/locate/neuro



Mercury exposure induces cytoskeleton disruption and loss of renal function through epigenetic modulation of MMP9 expression

Hafizurrahman Khan^{a,d}, Radha Dutt Singh^{a,d}, Ratnakar Tiwari^{a,e},
Siddhartha Gangopadhyay^{a,d}, Somendu Kumar Roy^{b,d}, Dhirendra Singh^{c,d},
Vikas Srivastava^{a,d}



JAMA Netw. Open. 2020 Mar; 3(3): e201007.
Published online 2020 Mar 16. doi: [10.1001/jamanetworkopen.2020.1007](https://doi.org/10.1001/jamanetworkopen.2020.1007)

PMCID: PMC7076335
PMID: 32176304

Association of Fish Consumption and Mercury Exposure During Pregnancy With Metabolic Health and Inflammatory Biomarkers in Children

Nikos Stratakis, PhD,^{1,2} David V. Conll, PhD,¹ Eva Borrás, PhD,^{3,4} Eduardo Sabido, PhD,^{3,4} Theano Roumeliotaki, MPH,⁵ Eleni Papadopoulou, PhD,⁵ Lydiane Agier, PhD,⁷ Xavier Basagaña, PhD,^{3,8,9} Mariana Bustamante, PhD,^{3,8,9} Maribel Casas, PhD,^{3,8,9} Shohreh F. Farzan, PhD,¹ Serena Fossati, MD, PhD,^{3,8,9} Juan R. Gonzalez, PhD,^{3,8,9} Regina Grazuleviciene, MD,¹⁰ Barbara Heude, PhD,¹¹ Lea Maitre, PhD,^{3,8,9} Rosemary R. C. McEachan, PhD,¹² Ioannis Theologidis, PhD,¹³ Jose Urquiza, PhD,^{3,8,9} Marina Vafeiadi, PhD,⁵ Jane West, PhD,¹² John Wright, MD,¹² Rob McConnell, MD, PhD,¹ Anne-Lise Brantsaeter, PhD,⁵ Helle-Margrete Meltzer, PhD,⁶ Martine Vinjeid, PhD,^{3,8,9} and Leda Chatzi, MD, PhD^{201,2}

PMCID: PMC10075020

PMID: [37034430](https://pubmed.ncbi.nlm.nih.gov/37034430/)

[World J Clin Pediatr. 2023 Mar 9; 12\(2\): 25–37.](https://doi.org/10.54097/wjcp.v12.i2.25)

Published online 2023 Mar 9. doi: [10.54097/wjcp.v12.i2.25](https://doi.org/10.54097/wjcp.v12.i2.25)

Higher rates of autism and attention deficit/hyperactivity disorder in American children: Are food quality issues impacting epigenetic inheritance?

Renee J Dufault, Raquel A Crider, Richard C Deth, Roseanne Schnoll, Steven G Gilbert, Walter J Lukiw, and Amanda L Hitt

Epigenetics of methylmercury

Andrea Cediel-Ulloa^a, Sabrina Lindner^b, Joëlle Rüegg^a, Karin Broberg^{b,c,*}

^a Department of Organism Biology, Uppsala University, Kåbövägen 4, 752 36 Uppsala, Sweden

^b Division of Occupational and Environmental Medicine, Department of Laboratory Medicine, Lund University, Lund, Sweden

^c Institute of Environmental Medicine, Karolinska Institutet, Stockholm, Sweden

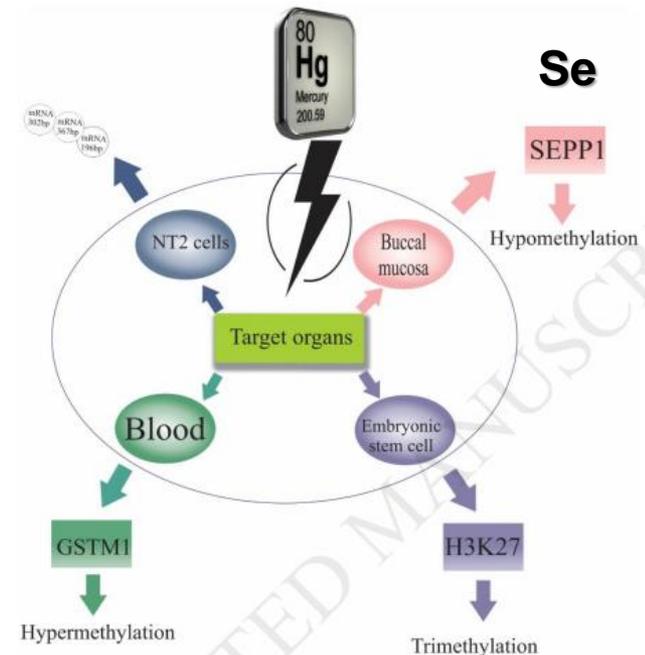


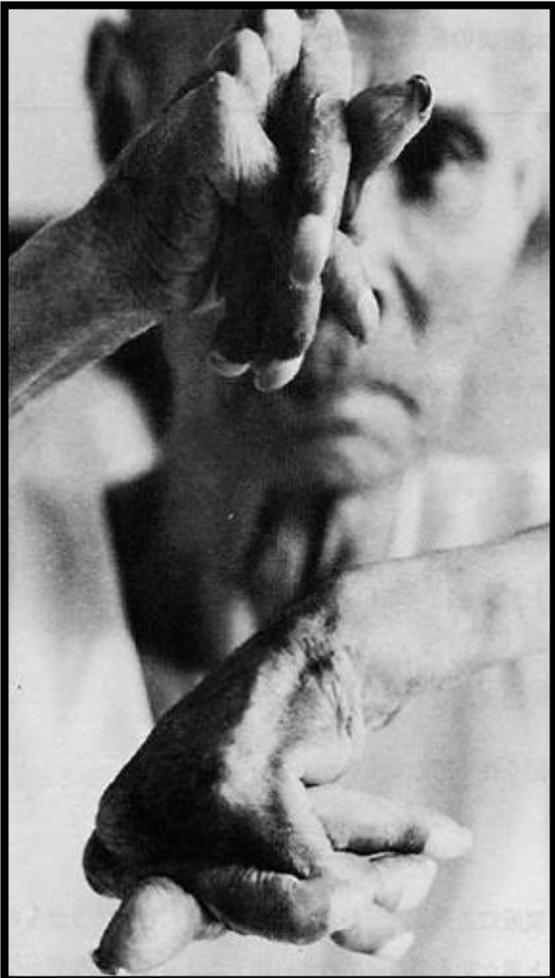
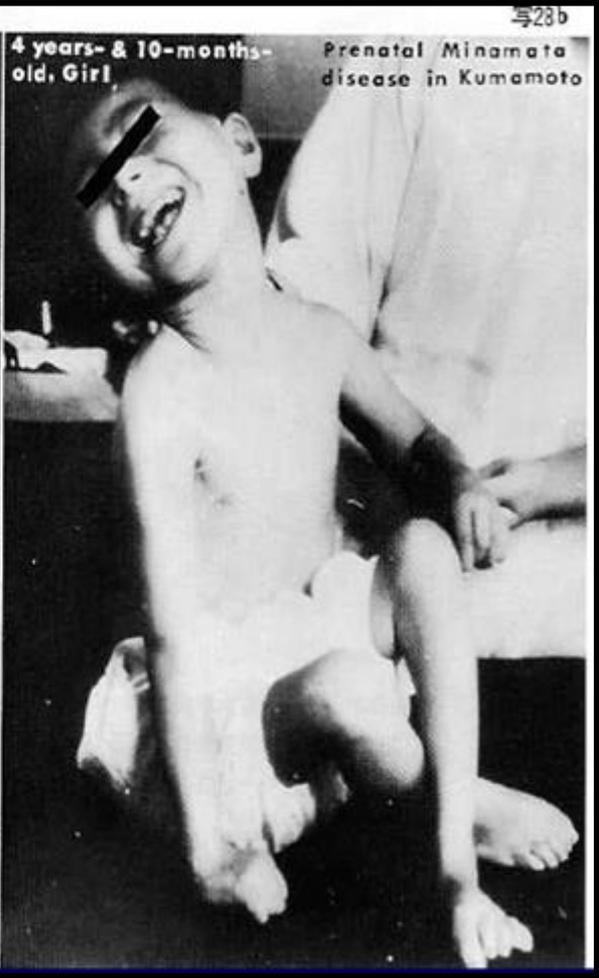
Figure 2. Mercury-induced epigenetic alterations in various genes.

Efectos en humanos

La Enfermedad de Minamata



La Enfermedad de Minamata



La Enfermedad de Minamata



Comparison of the distribution of lesions among the adult, infant, and congenital infant victims of Minamata Disease.



Adult Minamata Disease



Non-congenital infantile Minamata Disease



Congenital Minamata Disease

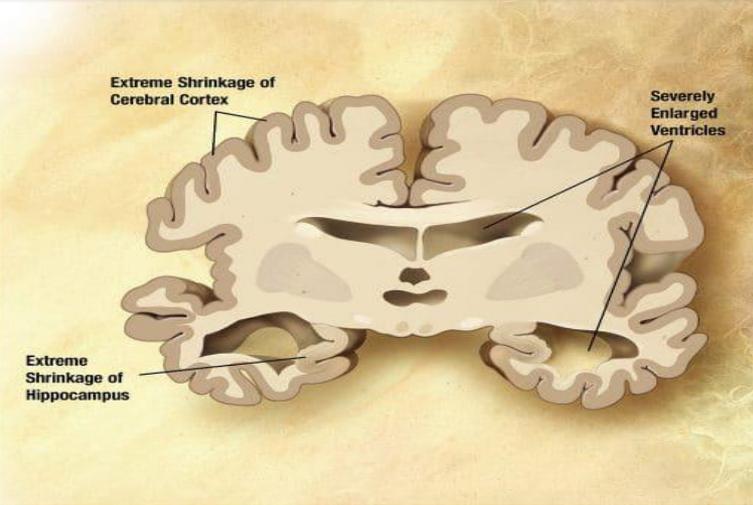
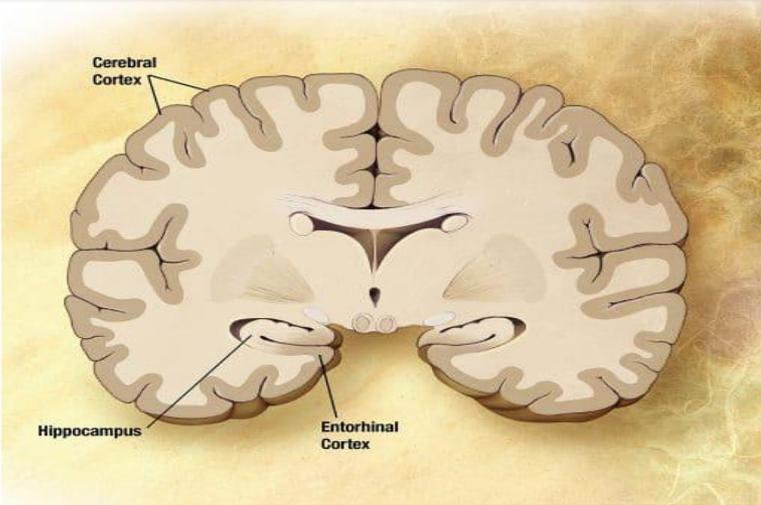
Efectos en humanos

Río Caquetá
2022

¿Enfermedad de Minamata?



La Enfermedad de Minamata

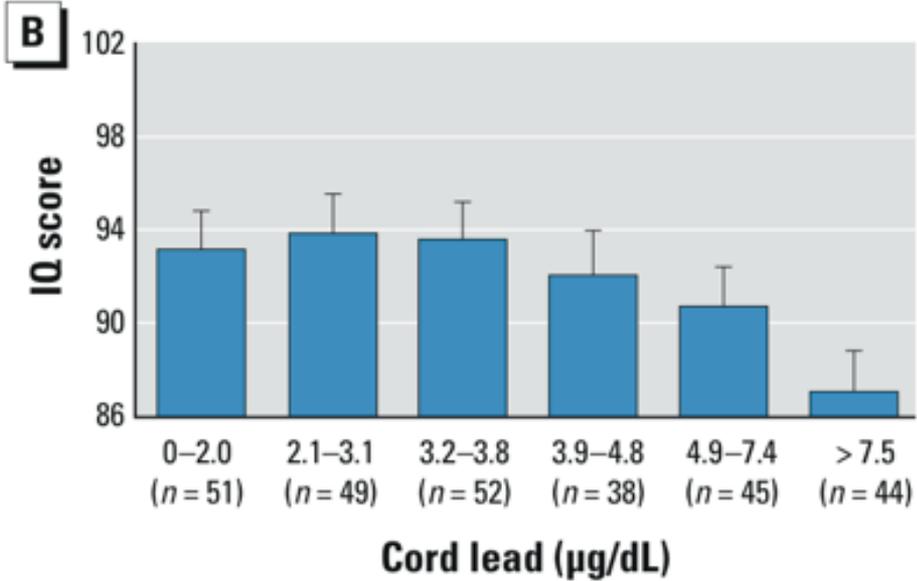
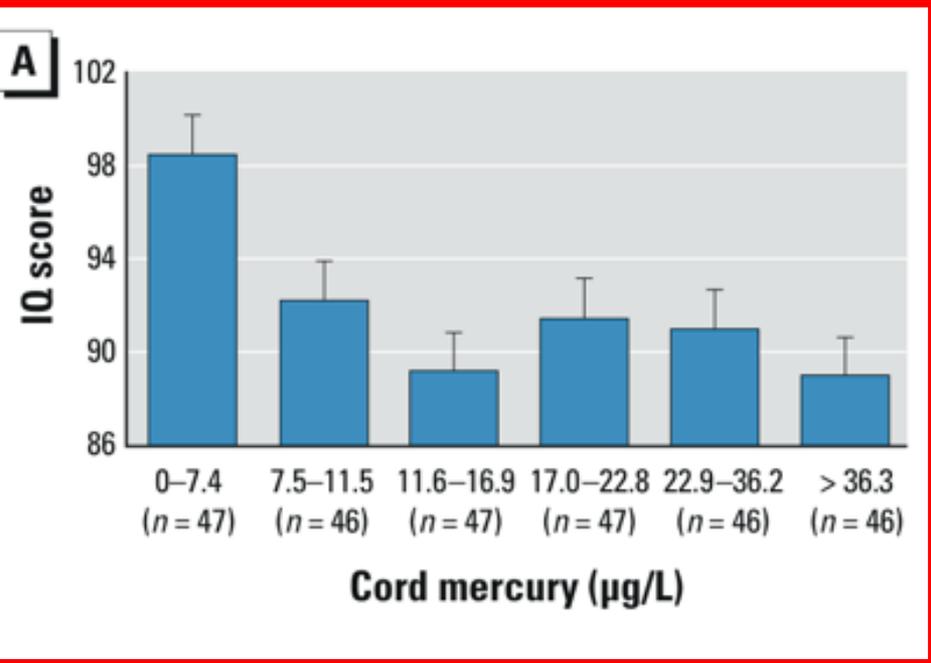


This is your brain.



This your brain on mercury!

Daño Cerebral



Environ Health Perspect; DOI:10.1289/chp.1408554

Relation of Prenatal Methylmercury Exposure from Environmental Sources to Childhood IQ



Eretismo

Cambios de comportamiento

Irritabilidad

Depresión

Delirio

Apatía

Aislamiento social

Tremor

Timidez

Dolor general

Palpitaciones irregulares

Acrodinia



**Problemas
neurológicos**

Parestesia

Dolor **Inflamación**

Fotofobia

Exfoliación

Manos y pies inflamados

Weinstein M , Bernstein S CMAJ 2003;168:201 -201

Role of Mercury Toxicity in Hypertension, Cardiovascular Disease, and Stroke

Review > Environ Res. 2021 Feb;193:110538. doi: 10.1016/j.envres.2020.110538.

Epub 2020 Dec 5.

Mercury exposure, cardiovascular disease, and mortality: A systematic review and dose-response meta-analysis

Xue Feng Hu¹, Mackenzie Lowe¹, Hing Man Chan²



Conclusion: Chronic exposure to Hg was associated with an increased risk of all-cause mortality and fatal/nonfatal IHD. The risk of multiple cardiovascular endpoints starts to increase consistently at a hair Hg concentration of 2 $\mu\text{g/g}$.

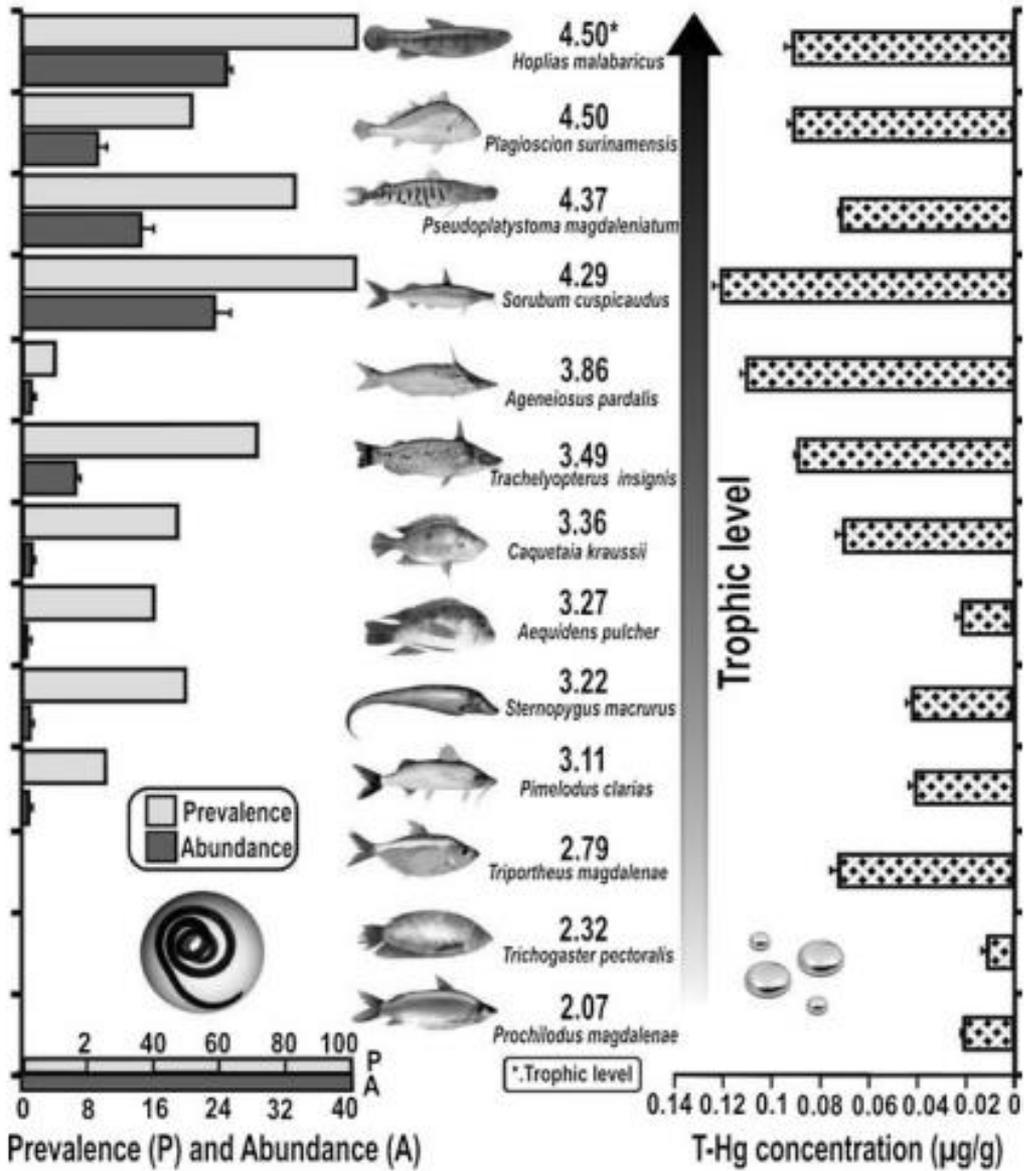
Daño renal

¿Polidactilia y mercurio?



Fish Parasites and Hg in muscle

Fig. 2 Nematode prevalence and abundance, and T-Hg concentrations in fish from the Dique Channel



Parasitol Res (2013) 112:2187-2195
DOI 10.1007/s00436-013-3378-3

ORIGINAL PAPER

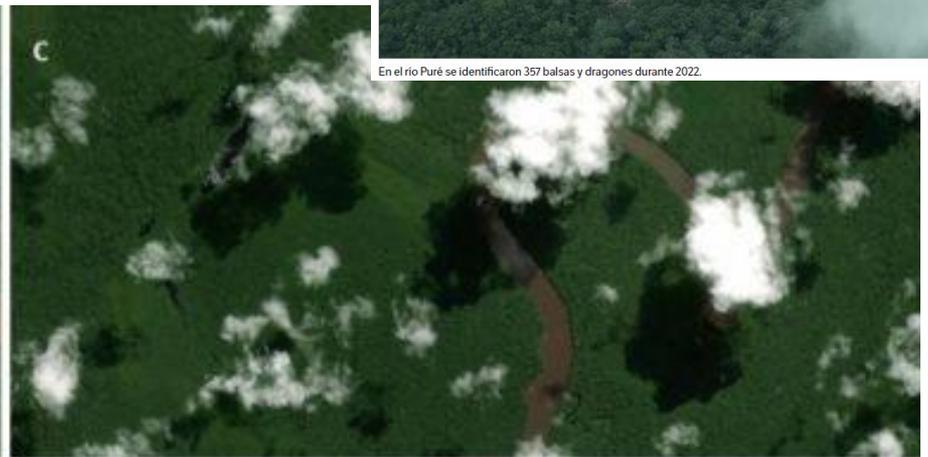
Nematode and mercury content in freshwater fish belonging to different trophic levels

Jesus Olivero-Verbel • Karina Caballero-Gallardo

AVATAR



En el río Puré se identificaron 357 balsas y dragones durante 2022.



Mercury use in the Amazon



MONGABAY



“Un pueblo flotando”: la minería ilegal crece en el río Puré y afecta a los pueblos aislados

POR PILAR PUENTES EN 17 NOVIEMBRE 2022
Series de Mongabay: Amazonía colombiana en peligro



Mercury use in the Amazon



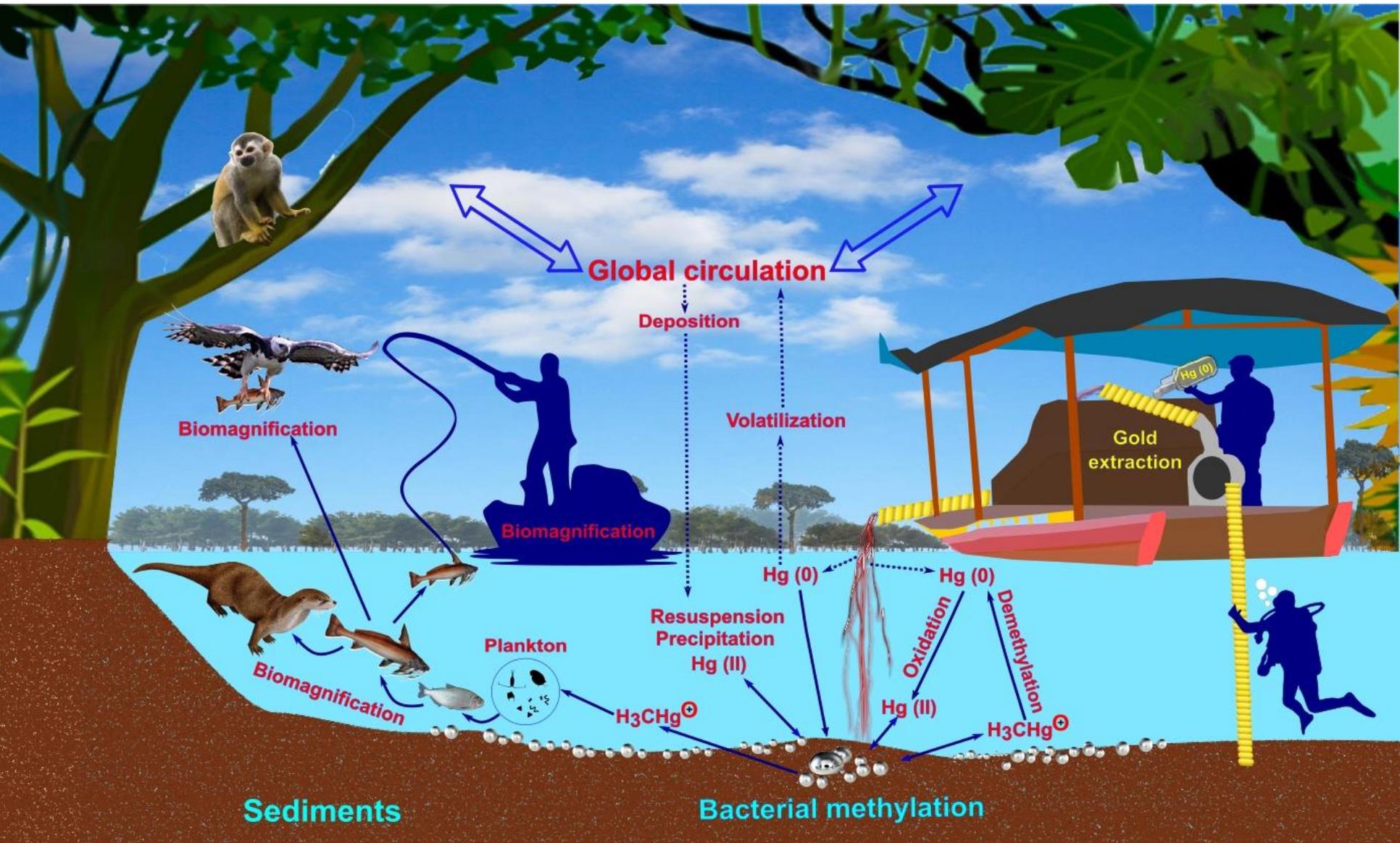
Mercury use in the Amazon



<https://www.gaiaamazonas.org/>

Mercury in the Amazon

Hg cycle in the Colombian Amazon



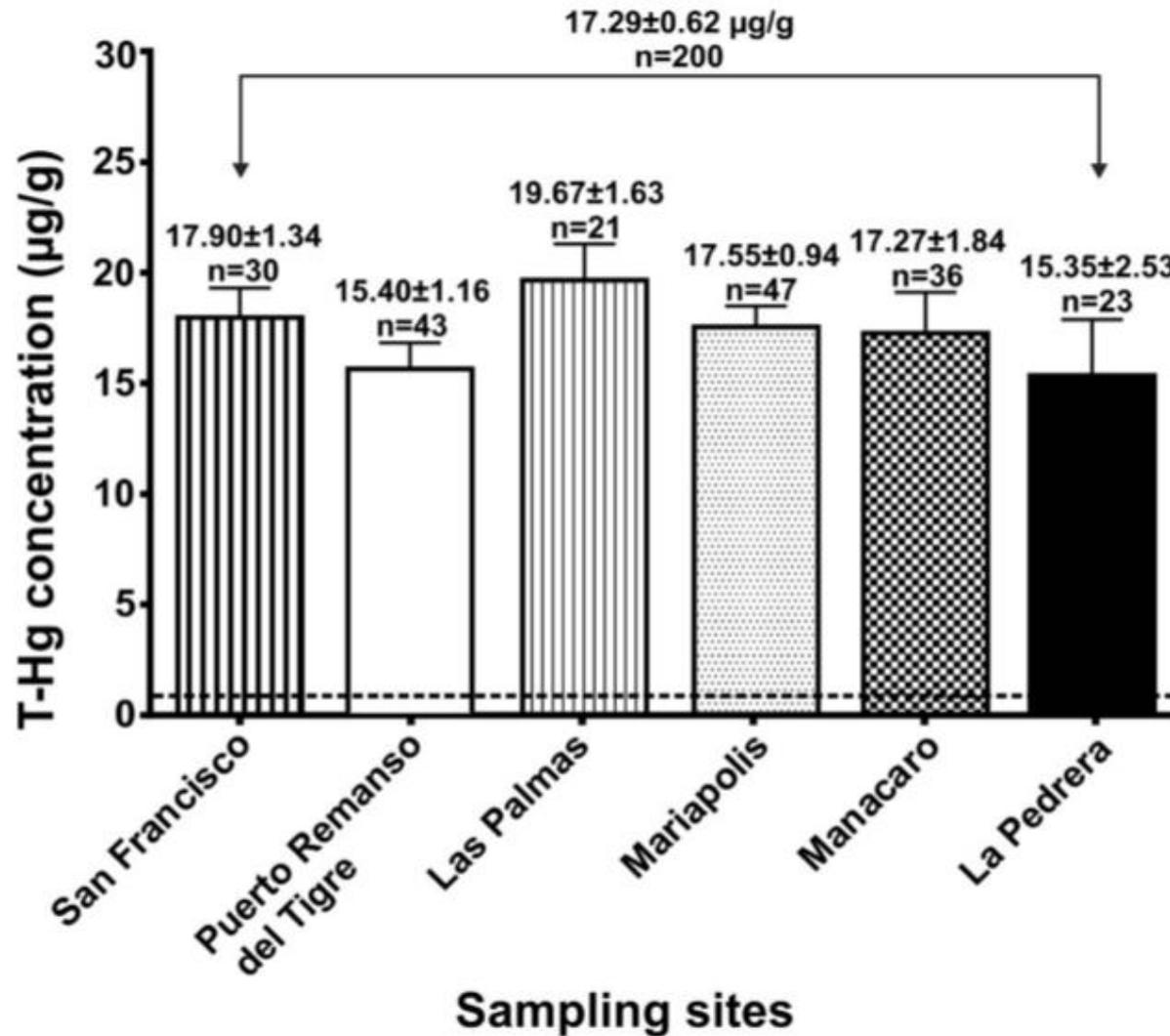
Caqueta River. Sampling Stations



Climate change-related process?



Hair



Overall average

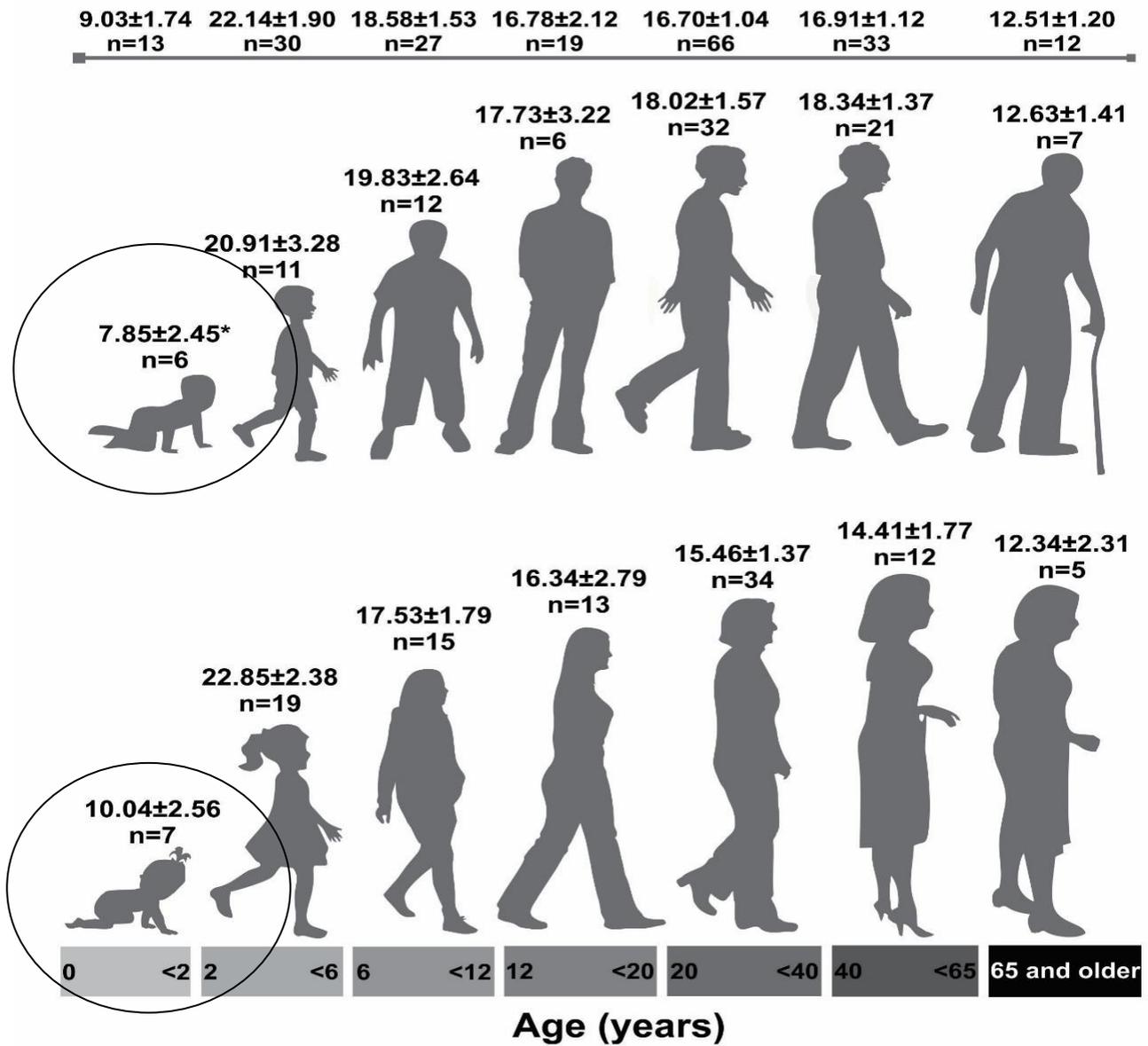
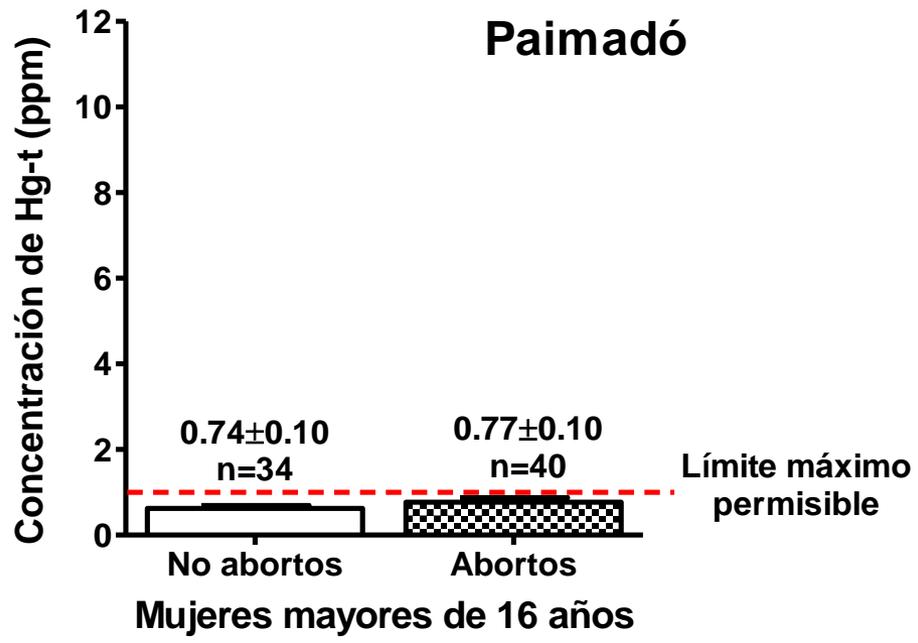
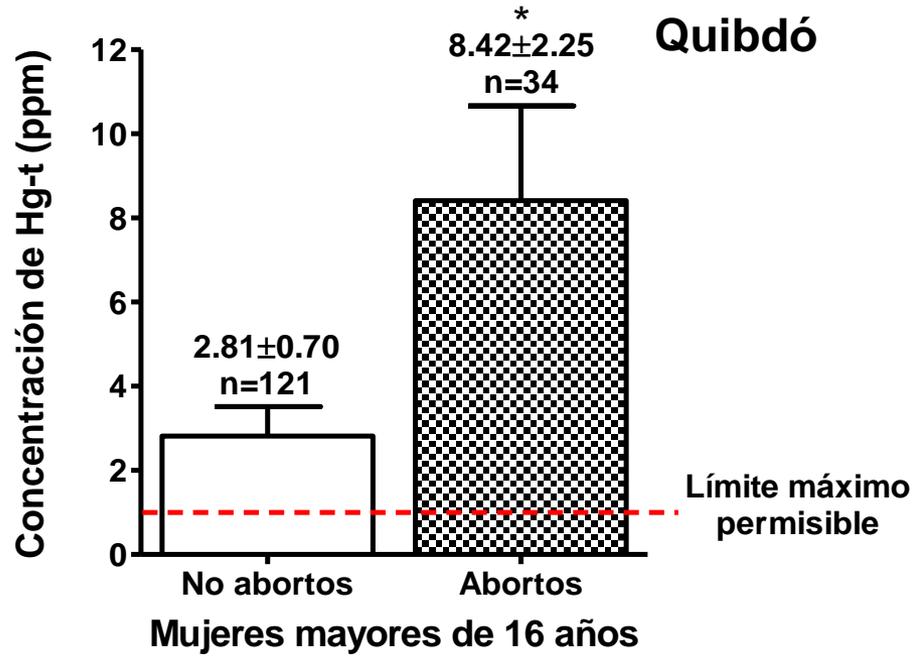


Table 2 Spearman correlations between the elements concentrations and age, morphometric characteristics, feeding habits, and hematology

Parameters (<i>n</i> =44)	Hg in hair		Hg in blood		Cd in blood		Se in blood	
	Spearman correlation	<i>p</i> value						
Age (<i>n</i> =44)	0.091	0.558	0.073	0.636	0.267	0.080	0.075	0.628
Morphometric characteristics (<i>n</i> =44)								
Weight	-0.069	0.658	0.099	0.523	-0.083	0.592	0.141	0.360
Height	-0.040	0.794	0.210	0.171	0.088	0.570	0.065	0.678
Feeding habits (<i>n</i> =44)								
Fish intake	0.323	0.032*	0.381	0.011*	0.037	0.812	-0.116	0.452
Hematological parameters (<i>n</i> =44)								
HGB	-0.076	0.624	0.253	0.097	0.087	0.573	0.274	0.072
HCT	-0.076	0.622	0.251	0.101	0.099	0.522	0.313	0.039*
ERI	-0.055	0.723	0.317	0.036*	0.138	0.371	0.316	0.037*
MCV	-0.113	0.467	-0.201	0.190	-0.119	0.442	-0.042	0.788
MCH	-0.088	0.571	-0.150	0.330	-0.109	0.482	-0.014	0.926
MCHC	0.053	0.731	0.139	0.367	-0.028	0.855	0.083	0.591
WBCs	0.233	0.129	0.153	0.321	-0.077	0.621	0.190	0.218
NEU	0.299	0.049*	0.228	0.137	-0.132	0.393	-0.151	0.328
EOS	0.129	0.403	0.333	0.027*	0.128	0.409	0.087	0.573
BAS*	0.242	0.224	0.439	0.022*	0.166	0.407	0.166	0.407
LYM	-0.428	0.004*	-0.418	0.005*	-0.054	0.727	-0.046	0.767
PLT	0.123	0.427	0.101	0.515	-0.036	0.818	0.195	0.205
MPV	-0.081	0.600	-0.012	0.941	0.044	0.777	-0.076	0.625



Mercury in a Biodiversity Hotspot: The Colombian Pacific (Choco) The Atrato River



Mercury levels in human hair and reported abortions

Mercurio en el Amazonas



Mercurio

Desnutrición

Enfermedades infecciosas (malaria, dengue y otras ETV)

Enfermedades gastrointestinales

Sin acceso a Urgencias

Problemas de salud mental y bienestar emocional

Agua no potable y falta de saneamiento básico

Problemas de salud materna e infantil

Vulnerabilidad a epidemias

Enfermedades crónicas no transmisibles

Prostitución y trata de personas

Exposición a elementos traza de interés toxicológico

El Mercurio es la punta del iceberg en el Amazonas

Respuestas

Educación Ambiental

We Need More Environmental Education!



**EL MERCURIO PUEDE
AFECTARNOS AÚN
SIN HABER NACIDO**

Hg

Su hijo puede estar en riesgo de contaminación por Mercurio



**EL MERCURIO PUEDE
AFECTARNOS AÚN
SIN HABER NACIDO.**

Hg

*Su hijo puede estar en riesgo
de contaminación por Mercurio*



EL MERCURIO AFECTA
NUESTRA CAPACIDAD
DE APRENDIZAJE



*Eliminarlo de las Escuelas
es Cuestión de Inteligencia !!!*

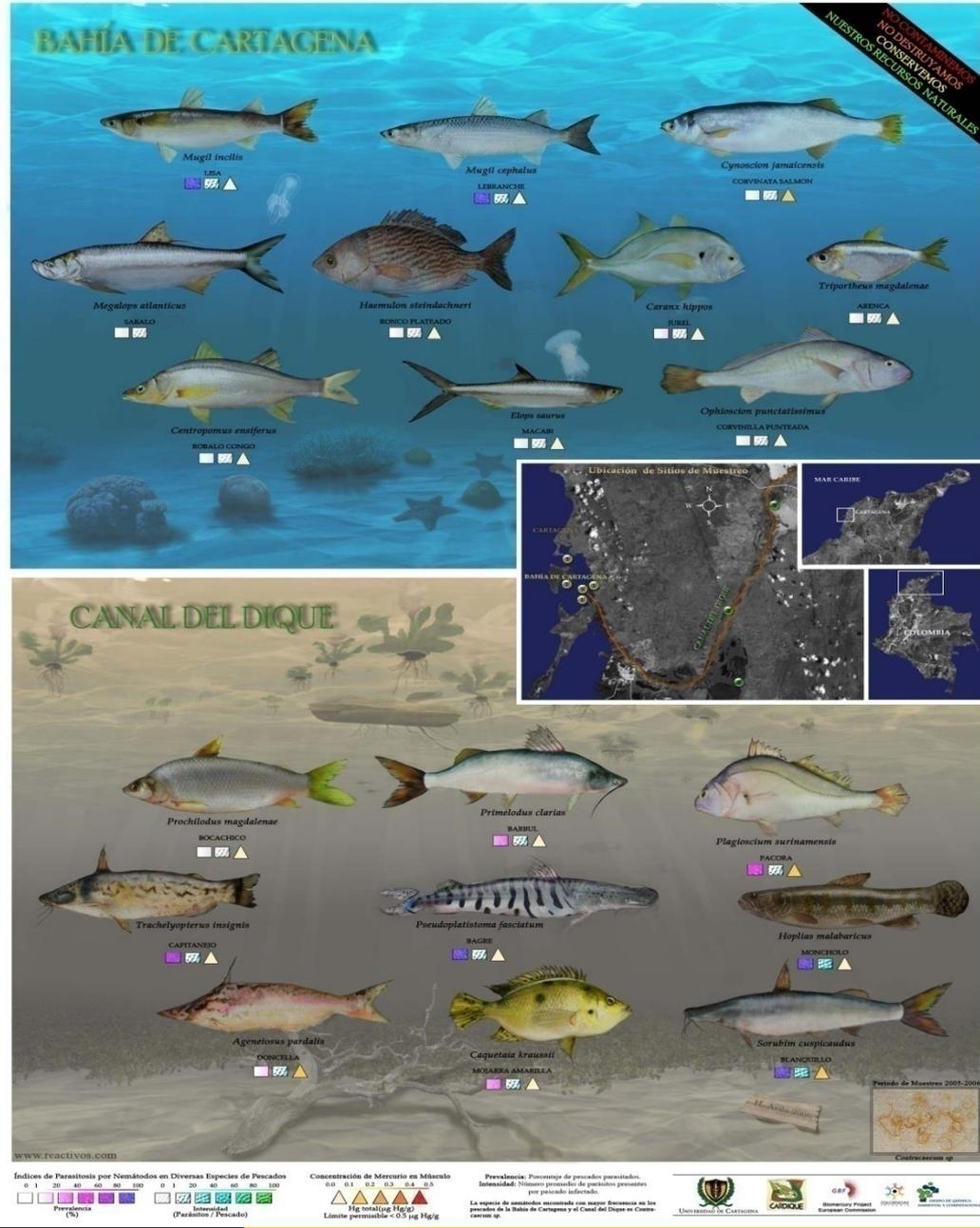




Educación Ambiental



CONTAMINACIÓN MERCURIAL Y PARASITARIA EN PECES COLOMBIANOS
GRUPO DE QUÍMICA AMBIENTAL Y COMPUTACIONAL/UNIVERSIDAD DE CARTAGENA - CARDIQUE - 2006





El mercurio es perjudicial para la salud

GUÍA PARA EL DIAGNÓSTICO DE INTOXICACIÓN CRÓNICA POR MERCURIO ELEMENTAL (AZOGUE)

Signos y Síntomas frecuentes en una persona intoxicada con mercurio

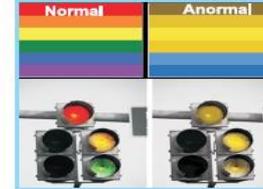


Parestesia

Sensación de ardor, entumecimiento, hormigueo, picazón o pinchazos en dedos y rostro.



Temblor fino



Problemas visuales



Irritabilidad y angustia



Encías azuladas



Estomatitis

Inflamación de la mucosa oral.



Acrodinia

Coloración rosa en manos y pies, manifestada en niños de 2 a 3 años.



Eretismo

Psicosis caracterizada por excesiva timidez, dificultad para concentrarse, depresión y somnolencia.



Insomnio



Sabor metálico constante



Pérdida prematura de los dientes y sensación de alargamiento de los mismos



Sialorrea



Vómito y diarrea

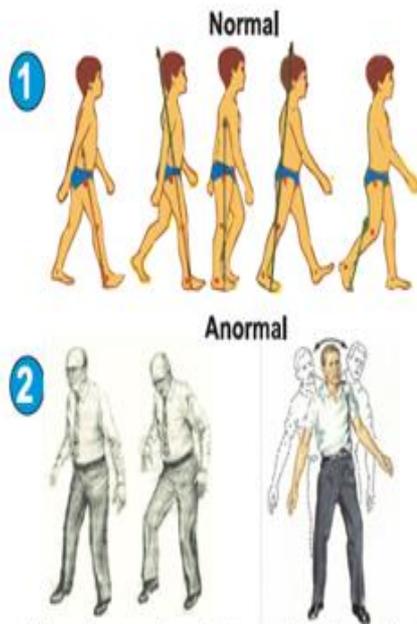


PRUEBAS SENCILLAS PARA IDENTIFICAR SIGNOS NEUROLÓGICOS EN INTOXICACIÓN CRÓNICA POR MERCURIO ELEMENTAL



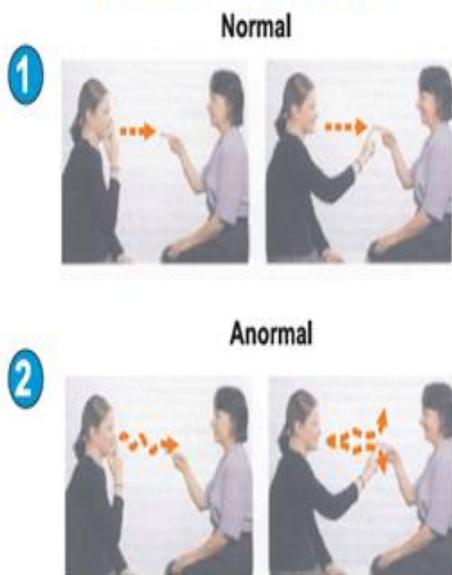
PRUEBAS SENCILLAS PARA IDENTIFICAR SIGNOS NEUROLÓGICOS EN INTOXICACIÓN CRÓNICA POR MERCURIO ELEMENTAL

Observar la marcha



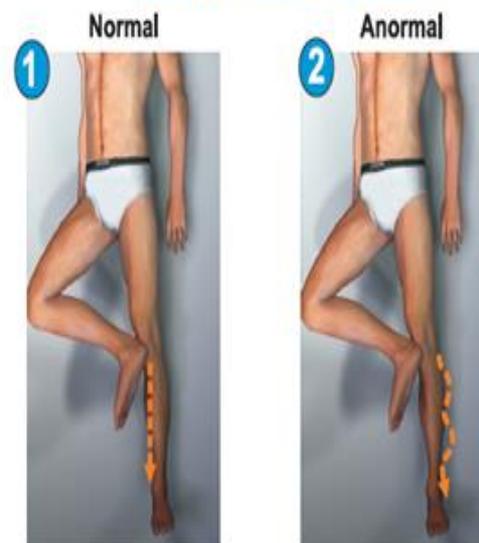
El médico observa al paciente en desplazamiento y mira el recorrido, postura de los pies y equilibrio del cuerpo al caminar. Si el paciente describe un comportamiento parecido a la figura superior [1], se considera como normal, de lo contrario (imagen inferior [2]) podrá suponer la posible existencia de un trastorno neurológico.

Prueba de coordinación motriz dedo-nariz



El médico ordena al paciente tocar su nariz con el índice derecho y luego llevarlo hasta el dedo de la persona que está al frente. El médico debe observar el recorrido hasta el punto final. Si el movimiento es lineal la prueba calificará como normal [1]. Por el contrario, si al acercar el dedo el paciente hace curvas y no logra interceptar el dedo de la mano [2], entonces es posible que este tenga un trastorno neurológico.

Prueba de coordinación motriz talón-rodilla



El paciente se recostará, mientras el médico le ordena llevar el talón desde la rodilla hasta el tobillo deslizándolo sobre la tibia, observando el recorrido que hace el pie del individuo. Si no describe movimientos curvilíneos y no tiene dificultad para llegar al tobillo, se entenderá que el paciente no presenta afección neurológica [1]; pero si no hay precisión y coordinación del movimiento se debe sospechar de algún trastorno [2].



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